

# Hold The Love

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Mary Frances Chua ( 14.5.2014 )

**Music:** Cannot Hold The Love - Loong May Ze

**INTRO: 16 count ( approx. 9 sec. )... start dance on music (without vocal)**

## **S1: Forward Step Touch, Back Step Touch, Cross Rocks**

**1-4**                      Step R fwd, L touch to left side, Step L back, R touch to right side

**5&6**                      Cross R over L, recover on L, rock back R

**7&8**                      Cross L over R, recover on R, rock back L

## **S2: Walk, Walk, Double Hip Bumps**

**1-2**                      Walk fwd R-L

**3&4**                      Step R to side (weight on R) bump R hip out, in, out

**5-6**                      Walk back L-R

**7&8**                      Step L to side (weight on L) bump L hip out, in, out

## **S3: Basic Cha Cha**

**1 2**                      Rock R step fwd, recover on L

**3&4**                      Back cha cha R-L-R

**5 6**                      Rock L step back, recover on R

**7&8**                      Fwd cha cha L-R-L

## **S4: Half Left Turn Sway, Quarter Left Turn Sway, Twice Kick Ball Change**

**1-4R fwd sway, left ½ turn [6] L sway, R fwd sway, left ¼ turn [3] L sway**

**5&6R fwd kick, R ball step, L fwd step**

**7&8R fwd kick, R ball step, L fwd step**

**TAG: End of Wall 8 facing 12.00 - repeat Sections 3 and 4**

**Restart dance facing 3.00**

**ENDING: Right step forward and pose nicely at the end of dance**

**CONTACT:-**

**[maryfrances.ccrmmcc@gmail.com](mailto:maryfrances.ccrmmcc@gmail.com)**

**<http://maryfrancesbb88.wordpress.com/>**

**<http://www.youtube.com/user/mfchuabb>**

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