

# FEEL FOREVER

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**Count:** 64

**Wall:** 2

**Level:** Beginner / Intermediate

**Choreographer:** Mel Fisher (Mar 08)

**Music:** I Feel Forever by Greg Holland on Exception To The Rule

## **Intro: 32 counts (start just before vocals)**

### **Rock step, ½ shuffle right, sweep ¼ left, touch, side shuffle**

- 1,2 Rock forward on right, replace weight on left
- 3&4 Turn ½ shuffle right on right, left, right
- 5,6 Sweep ¼ turn left, touch left beside right (weight stays on right)
- 7&8 Step left to side, right beside left, step left to side

### **Back rock, side shuffle, step touch, back shuffle**

- 1,2 Rock back on right, replace weight on left
- 3&4 Step right to side, step left beside right, step right to side
- 5,6 Step forward on left, touch right behind left
- 7&8 Step back on right, step left beside right, step back on right

### **Side rock, ¼ coaster turn left, touch front, touch side, right ¼ coaster turn**

- 1,2 Rock to side on left, replace weight on right
- 3&4 Step left behind right, ¼ turn left stepping right to side, step forward on left

### **5.6 Touch right toe in front of left, touch right toe to right side**

- 7&8 Step right behind left turning ¼ right, step together with left, step forward on right

### **Rock step, 1/4 step left, step, sweep forward, touch, forward left shuffle**

- 1,2 Rock forward on left, replace weight on right
- 3,4 Step forward on left turning ¼ left, step forward on right
- 5,6 Sweep left round, touch in front of right
- 7&8 Step forward on left, step right beside left, step forward on left

### **Rock step, ½ shuffle right, sweep ¼ left, touch, side shuffle (Same as section one)**

- 1,2 Rock forward on right, replace weight on left

- 3&4** Turn ½ shuffle right on right, left, right
- 5,6** Sweep ¼ turn left, touch left beside right (weight stays on right)
- 7&8** Step left to side, right beside left, step left to side

**Back rock, side shuffle, step touch, back shuffle (Same as section two)**

- 1,2** Rock back on right, replace weight on left
- 3&4** Step right to side, step left beside right, step right to side
- 5,6** Step forward on left, touch right behind left
- 7&8** Step back on right, step left beside right, step back on right

**Side touch, side touch, coaster step, forward step touch**

- 1,2** Step to side with left, touch right beside left
- 3,4** Step to side with right, touch left beside right
- 5&6** Step back on left, step right beside left, step forward on left
- 7,8** Step forward on right, touch left beside right

**Sweep ¼ left, side shuffle, back rock, walk, walk**

- 1,2** Sweep ¼ turn left, touch left beside right (weight stays on right)
- 3&4** Step left to side, right beside left, step left to side

**5.6 Rock back on right, replace weight on left**

- 7,8** Walk forward right, left (optional full turn left)

**TAG: Danced ONCE only at END of 2nd wall**

**Forward rock, back shuffle, back rock, forward shuffle, side touches x2**

- 1,2** Rock forward on right, replace weight on left,
- 3&4** Step back on right, step left beside right, step back on right
- 5,6** Rock back on left, replace weight on right
- 7&8** Step forward on left, step right beside left, step forward on left
- 9,10** Step right to side, touch left beside right
- 11,12** Step left to side, touch right beside left