

Lights In The Cit-Te (aka Lights in The City)

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Michael Barr Corning, California, USA

Music: Lights by Journey. CD: Greatest Hits

Counting Notes: The rhythm of the dance is counted as, 8&a1, 2, 3, 4&a5, 6, 7.

Lead: 16 count., BPM: 76/3:07

[1 - 8] ROCK BACK, RETURN, FORWARD - STEP SIDE, CROSS, STEP SIDE, TOUCH BACK, CROSS, STEP SIDE, TOUCH - BACK, CROSS, 1/4 L, 1/4 L PRESS R SIDE RIGHT

1, 2, 3 Step back on ball of R; Return weight onto L in place; Step R forward

4&a5Step L side left; Step R in front of L; Step L side left; Touch R side right

6&a7Step R back; Step L in front of R; Step R side right; Touch L side left

8&a1Step L back; Step R in front of L; Turn $\frac{1}{4}$ left, step L forward; Turn $\frac{1}{4}$ left, press ball of R side right **6:00**

Note: Most weight will be on the R (bent R knee) during the press with a slight transfer to L as you straighten knee.

[9 - 16] PULSE, STEP SIDE - BEHIND, $\frac{1}{4}$ TURN R, STEP IN PLACE, STEP BACK, BACK, BACK - SAILOR $\frac{3}{4}$ TURN L, STEP BACK (LRLR)

2, 3(2) Press/pulse again into ball of R & return (slight weight change to L); (3) Step R side right (all weight on R)

4&a5Step L behind R; Turn $\frac{1}{4}$ right stepping R forward; Step L in place; Step back on R **9:00**

6, 7 Step back on L; Step back on R (look over left shoulder)

8&a1Step L behind R turning $\frac{1}{4}$ left; Turn $\frac{1}{4}$ left onto R in place; Turn $\frac{1}{4}$ left onto L in place; Step R back **12:00**

Note: Counts 8&a will be the $\frac{3}{4}$ sailor step turn in place with count 1 as your step back

[17-24] STEP BACK, BACK - BACK, $\frac{1}{2}$ R, $\frac{1}{4}$ R, CROSS - ROCK SIDE L, RETURN, CROSS FRONT, $\frac{1}{4}$ L, $\frac{1}{4}$ L, CROSS FRONT (starts a $\frac{3}{4}$ walk/run turn)

2, 3 Step L back; Step R back

4&5 Step back on L; Turning $\frac{1}{2}$ right, step R forward; Turning $\frac{1}{4}$ right, step L side left; Step R in front of L 9:00

Note: On count 4 prepare for a $\frac{1}{2}$ turn right by looking over your right shoulder to start the body turning

6, 7 Rock onto L side left; Return weight onto R in place (open hips slightly to your right diagonal)

8&1 Step L in front of R; Turn $\frac{1}{4}$ left, step back on R; Turn $\frac{1}{4}$ left, step L side left; Step R in front of L 3:00

Note: Count 1 starts a walk/run section to your left (the lyrics: Woh, oh, oh,oh,oh - 1,2,3,4&5)

[25-32] CONTINUE L TURN w/ WALK, WALK (L,R) - CONTINUE TURNING TO L DIAGONAL ON BACK WALL (L,R,L, ROCK ONTO R) - RETURN, STEP BACK - CROSS, BACK, BACK

2, 3 Continue turning $\frac{1}{2}$ left taking 2 walking steps onto your L then R 9:00

Note: Counts 2, 3 will finish on the 9 o'clock wall.

4&5 With the feel of 3 running steps L,R,L, arc $\frac{1}{4}$ left to the back wall left diagonal; Rock forward onto R 6:00

Note: 4&5 continues from the 9 o'clock wall with 3 runs and a forward rock to the left diagonal on the back wall.

6, 7 Return weight back onto L in place as you open hips slightly to right; Step R back on back right diagonal

8& Cross L over R stepping back on the right diagonal; Step R directly back; Step L back and slightly left

Note: Congrats, you are done. Now just remember to allow your weight to still rock back for count 1:-)

Let's Dance It Again!!!

Contact - Email: mbarr@saber.net

Web Access: www.MichaelandMichele.com - Step Sheets, music & video links, plus more!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=89947