

Easy Rumba - One Night At a Time LINEDANCE.COM

Count: 32

Wall: 4

Level: Ultra Beginner

Choreographer: Debra Cleckler - July 2017

Music: Any good Rumba music. We use: "One Night At a Time" by George Strait.

[1-8] Rumba Box

- 1-2 Step side right, step together left,
- 3-4 Step back right, hold
- 5-6 Step side left, step together right,
- 7-8 Step forward left, hold.

[9-16] Cross Rock Side Hold X 2

- 1-2 Cross Rock right over left, recover weight to left,
- 3-4 Step side right, hold,
- 5-6 Cross Rock left over right, recover weight to right,
- 7-8 Step side left, hold

[17-24] Cucarachas (Side-Rock-Together) Right and Left

- 1-2 Side rock right, recover weight to left,
- 3-4 Step right together beside left, hold
- 5-6 Side rock left, recover weight to right,
- 7-8 Step left together beside right, hold

[25-32] ¼ Left Turn, Left Cucaracha

- 1-2 Step forward right, turn ¼ left placing weight on left,
- 3-4 Step right together beside left, hold,
- 5-6 Side rock left, recover weight to right,
- 7-8 Step left together beside right, hold

Repeat

Note: In George Strait's "One Night at a Time" there is a pause or slowdown in the music at the end of wall 9 (you will be facing 9 o'clock) - just roll your hips for four counts and start again when the music picks up!

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=119121