

# Like The Good Old Days

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**Count:** 48      **Wall:** 2      **Level:** Improver

**Choreographer:** Don Pascual (Dec 2013)

**Music:** Good old days (The Tractors)

## Start on vocals

### Section 1: Chasse to the R, back rock step, chasse to the L, back rock step

**1&2:** Step R to R side, step L beside R, step R to R side

**3-4:** L back rock, recover onto R

**5&6:** Step L to L side, step R beside L, step L to L side

**7-8:** R back rock, recover onto L

### Section 2: R kick ball step x2, dwight steps in place

**1&2:** R kick forward, R beside L (on ball), step L forward

**3&4:** R kick forward, R beside L (on ball), step L forward

**5-6:** Swivel L heel to the R touching R toes beside L, swivel L heel to the L touching R heel forward

**7-8:** Swivel L heel to the R touching R toes beside L, swivel L heel to the L touching R heel forward

### RESTART: Wall 5 facing 12h00

### Section 3: Jazz triangle with toe struts making a R ¼ T,

**1-2:** Cross R toe over L, drop R heel

**3-4:** L toe back, drop L heel

**5-6:** R ¼ T & R toe to R side, drop R heel

**7-8:** L toe beside R, drop L heel

### Section 4: Swivels to the R x3, hold + clap, swivels to the L x3, hold + clap

**1-4: Swivel both heels to the R, swivel toes to the R, swivel heels to the R, hold + clap**

**5-8: Swivel heels to the L, swivel toes to the L, swivel heels to the L, hold + clap**

**Section 5: Syncopated jump out fwd, hold, syncopated jump in fwd x2, syncopated jump out fwd, hold, syncopated jump in fwd x2**

**&1-2: Syncopated jump out forward (R, L), hold**

**&3&4: Syncopated jump in forward (R, L) x 2**

**&5-6: Syncopated jump out forward (R, L), hold**

**&7&8: Syncopated jump in forward (R, L) x 2**

**Section 6: Stomp up R , R toe fans making a R ¼ T, stomp up L, L toe fans**

**1-4: Stomp up R beside L (R toe in L diagonal), swivel R toe to the R, to the L, to the R making a R ¼ T**

**5-8: Stomp up L beside R (L toe in R diagonal), swivel L toe to the L, to the R, return to center (ending weight on L)**

**Have fun with this dance !!**

**Contact: [countryscal@orange.fr](mailto:countryscal@orange.fr)**