

# One Shot

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Andrew Hayes (UK) - February 2025

**Intro: 16 Counts, Start at approx 10 secs**

**SEC 1 Side Rock, Cross Shuffle, Side Rock, Cross Shuffle**

**1-2 Rock right to right, recover weight on to left**

**3&4 Cross right over left, step left beside right, cross right over left**

**5-6 Rock left to left, recover weight on to right**

**7&8 Cross left over right, step right beside left, cross left over right**

**\*Restart Here on Wall 9**

**SEC 2 Side Switches, Clap x2, Heel Switches, Clap x2**

**1&2& Point right to right, step right beside left, point left to left, step left beside right**

**3&4 Point right to right, clap, clap**

**5&6& Touch right heel forward, step right beside left, touch left heel forward, step left beside right**

**7&8 Touch right heel forward, clap, clap**

**\*Restart Here on Wall 5**

**SEC 3 Ball, Rock,  $\frac{1}{4}$  Side Shuffle Cross, Side, Sailor Step**

**&1-2 Step right beside left, rock left forward, recover weight on to right**

**3&4 Turn  $\frac{1}{4}$  left step left to left, step right beside left, step left to left (9:00)**

**5-6 Cross right over left, step left to left**

**7&8 Step right behind left, step left to left, step right to right**

**SEC 4 Cross, Side, Coaster Step, Step,  $\frac{1}{2}$  Pivot, Step,  $\frac{1}{2}$  Pivot**

**1-2 Cross left over right, step right to right**

**3&4 Step left back, step right beside left, step left forward**

**5-6 Step right forward, pivot ½ left transferring weight onto left (3:00)**

**7-8 Step right forward, pivot ½ left transferring weight onto left (9:00)**

**Option**

**5-6 Rock right forward, recover weight on to left**

**7-8 Rock right back, recover weight on to left**