

EAST BOUND

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Count: 64 **Wall:** 2 **Level:** intermediate

Choreographer: Maureen Reynolds

Music: East Bound & Down by The Road Hammers

- &1-2&** Flick right foot behind left step right to side, step left behind right, step right to side
- 3&4** Kick left foot to left diagonal, step left next to right, cross right over left
- 5&6** Side shuffle to left stepping left-right-left
- 7-8** Touch right behind left, unwind $\frac{1}{2}$ right (weight on left)
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- 1&2** Right coaster step: step back on right, step left beside right, step forward on right
- 3-4** Step forward on left, pivot $\frac{1}{2}$ right
- 5-6** Rock forward on left, rock back on right
- 7&8** Turning $\frac{1}{2}$ left shuffle forward left-right-left (optional 1 $\frac{1}{2}$ triple)
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- 1-2** Step forward on right, step forward on left,
- 3&4** Forward right mambo: rock/step forward on right, replace weight to left, step back on right
- 5-6** Step back on left, step back on right
- 7&8** Turning $\frac{1}{2}$ left shuffle forward left-right-left
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- 1** Step right to right side
- 2&3** Left sailor: step left behind right, step right to side, step left to left side
- 4&5** Right sailor: step right behind left, step left to side, step right to side
- 6-7** Step left behind right, turn $\frac{1}{4}$ right stepping forward on right
- 8** Step left to left

All restarts are from here

- 1-2 Rock step right behind left, replace weight on left
- 3&4 Side shuffle right-left-right
- 5-6 Turning $\frac{1}{2}$ left stepping left to left side (hinge turn), cross rock right over left
- 7-8 Replace weight onto left, turning $\frac{1}{4}$ right stepping right forward

- 1&2 Cross samba left moving forward: step left across right, step right to right, replace weight on left
- 3&4 Cross samba right moving forward: step right across left, step left to left, replace weight on right
- 5-6 Step forward on left, turn $\frac{1}{2}$ right and flick/kick right forward
- 7-8 Turning $\frac{1}{2}$ left step down on right, touch left heel forward

- &1 Step left beside right, touch right heel forward
- &2 Step right beside left, touch left heel forward
- & Step left beside right
- 3&4& Touch right toe back, step right beside left, touch left heel forward, step left next to right
- 5-6 Step forward on right, turning $\frac{1}{4}$ left taking weight onto left
- 7&8 Cross shuffle over left stepping right-left-right

- 1-2-3&4 Turning $\frac{1}{4}$ right step back on left, turning $\frac{1}{2}$ right stepping forward on right, shuffle forward left-right-left
- 5-6-7-8 Cross right over left, step back on left, step right to right, cross left over right,

REPEAT

RESTART

On walls 3 and 6, after count 32, step left to left side turning a $\frac{1}{4}$ right and restart from beginning

On wall 5, after count 32

- 1-4 Step forward on right, pivot $\frac{1}{2}$ left, step forward on right, pivot $\frac{1}{4}$ left

Restart from beginning

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=56391