

# LOVE IS BETTER

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**Count:** 56

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Angela Rushing (Aug 08)

**Music:** Knock On Wood by Amii Stewart

**Dance Starts: 87 count intro (start on the words "I don't want") (fast Dance)**

**Forward Diagonal Locks (R-L), Backward Diagonal Slide 4x**

- 1-2 Step Right foot diagonally forward, lock Left foot behind Right, step forward Right (with clapping)
- 3-4 Step Left foot diagonally forward, lock Right foot behind Left, step forward Left (with clapping)
- 5-6 Slide back Right foot diagonal, slide Left foot diagonal
- 7-8 Repeat 5&6

**Out, Out, Kick 2x, Jump, Hold 2x**

- 1 & Touch right toe to right, step right next to left
- 2 & Touch left toe to left side, step left next to right
- 3-4 Kick Right foot forward twice
- 5-6 Jump both feet to the right side, and hold
- 7-8 Repeat 5&6

**Forward Rock, Recover, Back, Recover, Shuffle, ½ Turn**

- 1-2 Rock Left foot forward, recover weight onto Right
- 3-4 Rock back left foot, recover weight onto Right
- 5-6 Shuffle Left foot forward- left, right, left
- 7-8 Step Right foot forward, making ½ turn to the left

**Side Rock, Recover 4x (R-L), Kick Ball Change 2x**

- 1-2 Rock Right foot to side, recover onto Left
- 3-4 Repeat 1&2
- 5-6 Kick right foot forward, rock back onto right with ball of right foot, recover weight on left
- 7-8 Repeat 5&6

### **¼ Turn, Walk Back 4x, Rock Back, Recover**

- 1-2** Step Right foot forward (6:00), making ¼ turn to the left (3:00)
- 3-6** Walk Right foot backward - right, left, right, left
- 7-8** Rock back right foot, recover weight onto left

### **Shuffle Forward, Shuffle Back (R-L)**

- 1-2** Shuffle Right foot forward - right, left, right
- 3-4** Shuffle Left foot forward - left, right, left
- 5-6** Shuffle back Right foot - right, left, right
- 7-8** Shuffle back Left foot - left, right, left

### **KNEE POPS (Fast)**

- 1-2** Step right in place, pop knee forward, and backwards, raising and lowering heel back to the floor
- 3-4** Step left in place, pop knee forward, and backwards, raising and lowering heel back to the floor
- 5-8** Repeat 1-4

### **Repeat 1-56 counts Enjoy dancing and have fun!**