

# Food & Gas

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**Count:** 32                      **Wall:** 4                      **Level:** Newcomer

**Choreographer:** Wendy Veenstra (NL) October 2017

**Music:** 'Food and Gas' by Robby Longo

**Intro: 16 counts (start just before the singing starts)**

**[1-8]: Chasse right, ¼ turn chasse left, ¼ turn chasse right, ½ turn chasse left**

- 1&2**            Step R to side, Close L next to R, Step R to side
- 3&4**            Step L ¼ turn to left, close R next to L, step R to side (face 09:00)
- 5&6**            Step R ¼ turn to right, close L next to R, step L to side (face 06:00)
- 7&8**            Step L ½ turn to left, close R next to L, step R to side (face 12:00)

**[9-16]: Shuffle forward, shuffle forward, ½ pivot turn left, kick ball change**

- 1&2**            Step R fwd, close L next to R, step R fwd
- 3&4**            Step L fwd, close R next to L, step L fwd
- 5-6**            Step R fwd, ½ turn Left end weight on L (face 06:00)
- 7&8**            Kick R diagonal to right, step R, behind L, step L fwd

**[17-24]: Right side rock and recover, right behind, left to left side, right cross over, left side rock & recover;**

- 1-2**            Rock step R to right side, recover weight on L
- 3&4**            Cross step R behind L, step L to left side, cross step R over L
- 5-6**            Rock step L to left side, recover weight on R
- 7&8**            Step L behind R, step R slightly to the right, step L fwd

**[25-32]: Step Turn, ½ triple turn left, ½ turn left, ½ turn left, sailerturn and cross**

- 1-2**            Step R fwd, ½ turn left weight on L
- 3&4**            Step R ¼ turn to left, close L next to R, step R back

**5-6½ turn left step L fwd**

**7&8½ turn left (step R bwd, cross L behind R, ¼ turn left, cross R over L (face 15:00))**

**Start again and enjoy :)**

