

Just For My Country Girls

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Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Julian Van Gouthen – Sept 2016

Music: Just a Girl by Lady Antebellum

I: SWIVETS, WALK FORWARD, FULL TURN, ROCKING CHAIR

- 1&** Swivel left heel to the left and right toe to the right, return to center
- 2&** Swivel left toe to the left and right heel to the right, return to center
- 3-4** Right step forward, left step forward
- 5-6** Make ½ turn left stepping right foot behind ,then ½ turn left stepping left foot forward.

7&(jumping) right cross rock in front of left , lifting left heel, replace weight on left.

8&(jumping) right rock step back, low kick forward left and replace weight on left.

II: ROCKING CHAIR, STEP ½ TURN, ROCKING CHAIR, STOMPS

1&(jumping) right cross rock in front of left lifting left heel, and replace weight on left.

2&(jumping) right rock step back, low kick forward left foot and replace weight on left.

3-4 Step right forward pivot ½ turn to left

5&(jumping) right cross rock in front of left lifting left heel, and replace weight on left.

6&(jumping) right rock step back, low kick forward left foot and replace weight on left.

7-8 Stomp right foot forward, stomp left foot forward.

RESTART During the 3rd wall, dance up to here and restart.

III: HEEL SWITCHES, TOE TOUCHES, ROLLING VINE, SCUFF, HEELS OUT-OUT, IN IN

- 1&2&** Touch right heel forward and step right beside left, touch left heel forward and step left beside right
- 3&** Touch right toe beside left foot (right knee turned towards left knee), and replace right foot next to left
- 4** Touch left toe beside right foot (left knee turned toward right knee)
- 5&6&** Make ¼ turn to left stepping left, ½ turn to left stepping right, ¼ turn to left stepping left, scuff right

7& Step diagonally forward on right heel, step diagonally forward on left heel.

8& Step right foot back to center, step left foot back to center.

IV: HEEL GRIND ¼ TURN RIGHT, ROCK STEP, STOMP, CROSS, UNWIND 1/2 TURN, STOMPS

1-2 Right heel forward, pivot ¼ turn right on heel take weight on left

3&4(jumping) right rock step back, return to left, stomp up right foot.

5-6 Step right behind left, unwind ½ turn to right with weight on left foot.

7-8 Stomp right , stomp left.

TAGS: At the end of walls 2, 5, and 9 facing 6:00 add 4 counts as follows and Restart the dance:

ROCKING CHAIR, STOMPS

1&(jumping) right cross rock in front of left lifting left heel, and replace weight on left.

2&(jumping) right rock step back, low kick forward left foot and replace weight on left.

3-4 Stomp right, stomp left

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