

BLUE VELVET

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Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Val Hamby

Music: I Know A Heartache by Jo Dee Messina

KICK BALL CHANGE, ¼ TURNS

- 1&2** Kick right foot, weight on ball of right foot, weight back onto left foot
- 3&4** Kick right foot, weight on ball of right foot, weight back onto left foot
- 5-6** Step right foot forward, pivot ¼ turn left
- 7-8** Step right foot forward, pivot ¼ turn left

STEP/ROCK, SHUFFLE RIGHT, ½ TURN

- 9-10** Step right foot forward, rock back on left
- 11&12** Right shuffle turning ½ turn right, (right, left, right)

STEP/ROCK, SHUFFLE BACK

- 13-14** Step left foot forward, rock back on right
- 15&16** Shuffle back (left, right, left)

KICKS, SAILOR STEP

- 17-18** Kick right foot forward, kick right to right diagonal
- 19&20** Cross right foot behind left foot, step left to left side, step right in front of left

POINT/ACROSS, ½ UNWIND, HOLD

- 21-22** Point left toe to left side, step left foot across right
- 23-24** Point right toe to right side, step right foot across left
- 25-26** Point left toe to left side, step left foot across right
- 27-28** Unwind ½ turn to right, weight on left, hold for one count

ROCKS, ¼ TURN

- 29-30** Step right foot to right side rocking to right, rock side on left
- 31-32** Step forward on right, rocking to right, ¼ turn left, rocking onto left

REPEAT

