

Enjoy Yourself

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Sandra Speck (U.K) Sept 2012

Music: Enjoy Yourself by Paul Bailey (146 bpm)

Music download available from:- paulbailey music.co.uk

32 count intro, Start on main vocals, approx. 14 seconds

SIDE ROCK CROSS CLAP X 2

- 1 - 2 Step right foot to side, recover onto left
- 3 - 4 Cross right foot over left, clap hands
- 5 - 6 Step left foot to side, recover onto right
- 7 - 8 Cross left foot over right, clap hands

REVERSE RUMBA BOX

- 1 - 2 Step right foot to side, close left next to right
- 3 - 4 Step back on right foot, hold for one count
- 5 - 6 Step left foot to side, close right next to left
- 7 - 8 Step forward on left foot, hold for one count

STEP PIVOT ½ STEP CLAP, STEP PIVOT ¼ CROSS CLAP

- 1 - 2 Step forward on right foot, pivot ½ turn left, transferring weight to left foot
- 3 - 4 Step forward on right foot, clap hands (6.00)
- 5 - 6 Step forward on left foot, pivot ¼ turn right transferring weight to right foot (9.00)
- 7 - 8 Cross left foot over right, (angling body towards right diagonal)l clap hands

SIDE CROSS SIDE KICK LEFT, SIDE CROSS SIDE KICK RIGHT

- 1 - 2 Step right foot to side, cross left over right, (still facing right diagonal)
- 3 - 4 Step right foot to side, turn body towards left diagonal and kick left foot forward
- 5 - 6 Step left to side, cross right foot over left (still facing left diagonal)
- 7 - 8 Step left to side, turn body towards right diagonal and kick right foot forwards

BACK ROCK SIDE, HOLD, BACK ROCK ¼ LEFT, HOLD

- 1 - 2 Step back on right, recover onto left
- 3 - 4 Step right to side straightening back up to face forward hold for one count (9.00),
- 5 - 6 Step back on left, recover onto right,
- 7 - 8 Turn $\frac{1}{4}$ left stepping forward on left, hold for one count (6.00)

RIGHT LOCK STEP, HOLD, STEP PIVOT $\frac{1}{2}$ CROSS, HOLD

- 1 - 2 Step forward on right foot, lock left behind right
- 3 - 4 Step forward on right foot, hold for one count
- 5 - 6 Step forward on left foot, pivot $\frac{1}{2}$ right transferring weight to right foot
- 7 - 8 Cross left foot over right, hold for one count (12.00)

SIDE TOGETHER SIDE $\frac{1}{4}$ LEFT HITCH, SIDE TOGETHER SIDE $\frac{1}{4}$ LEFT HITCH

- 1 - 2 Step right foot to side, close left foot next to right
- 3 - 4 Step right foot to side, hitch left knee as you turn $\frac{1}{4}$ left
- 5 - 6 Step left foot to side, close right next to left
- 7 - 8 Step left foot to side, turn $\frac{1}{4}$ left as you hitch right knee

SIDE TOGETHER SIDE $\frac{1}{4}$ LEFT HITCH, SIDE TOGETHER SIDE, HITCH

- 1 - 2 Step right foot to side, close left foot next to right
- 3 - 4 Step right foot to side, hitch left knee as you turn $\frac{1}{4}$ left
- 5 - 6 Step left foot to side, close right next to left
- 7 - 8 Step left foot to side, hitch right knee (3.00)

START AGAIN

Contact: sandra.speck@btinternet.com