

PINA COLADA (IN BED)

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Count: 28

Wall: 4

Level: intermediate

Choreographer: Johann Olafsson

Music: Two Pina Coladas by Garth Brooks

- 1-2** Rock forward on left foot, replace back on right foot
- 3&4** Shuffle back on left foot
- 5&6** Shuffle back on right foot
- 7-8** Rock back on left foot, recover to right foot
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- 1-2** Step forward on left foot and turn $\frac{1}{2}$ turn to right, step forward on right foot
- 3-4** Rock forward on left foot, replace back on right foot
- 5&6** Shuffle on left foot and turn $\frac{1}{2}$ turn to left
- 7&8** Shuffle on right foot and turn $\frac{1}{2}$ turn to left. (now we are backing the wall we were facing at the start)
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- 1-2** Swing left foot forward, swing left foot across right foot
- 3&4** Shuffle forward left foot
- 5-6** Swing right foot forward, swing right foot across left foot
- 7&8** Shuffle forward right foot
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- 1** Turn $\frac{1}{4}$ to right on right foot and tap left foot on the toe to the side
- &2** Clap the hands twice
- 3** Turn $\frac{1}{4}$ to right on right foot and tap left foot on the toe to the side
- &4** Clap the hands twice

To start again: turn $\frac{1}{4}$ to right on right foot and rock forward on left foot

REPEAT

