

FEEL DA BEAT

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Raymond Sarlemijn & Roy Hadisubroto

Music: Beatbox Cha-cha by Rob Base And Perez Prado

KNEE, HOLD, SHUFFLE, MAMBO'S

- 1 Push right knee forward
- 2-3 Hold
- 4 Push left knee forward
- & Push right knee forward
- 5 Push left knee forward
- & Rock left to left side
- 6 Recover back on right
- & Step left next to right
- 7 Rock right to right side
- & Recover back on left
- 8 Step right next to left

WALK, SHUFFLE FORWARD, FULL TURN, SHUFFLE BACKWARD

- 9 Step left forward
- 10 Step right forward
- 11 Step left forward
- 12&13 Shuffle right, left, right forward
- 14 Step left forward
- 15 Make a full turn over your right shoulder
- 16&17 Shuffle left, right, left backwards

STEP, HOOK, SHUFFLE, RAISE KNEE, TURN $\frac{3}{4}$

- 18 Step right backwards
- & Hook left in front of right
- 19 Step left forward

- 20&21** Shuffle right, left, right
& Scuff left forward
22 Raise left knee
23 Hold
24 Cross left in front right
& Step back on right
25 Turn $\frac{1}{4}$ to the left and step left to left side

CROSS, TURN $\frac{1}{2}$, HOLD, HIP ROLLS

- 26** Cross right in front of left
& Turn $\frac{1}{2}$ on right and raise left knee
27 Step left to left side
28-32 Roll your hips

REPEAT