

# Frank And Lola

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**Count:** 32      **Wall:** 4      **Level:** Easy Beginner

**Choreographer:** Roger Neff (March 2015)

**Music:** Frank and Lola by Jimmy Buffet

## **Intro: 32 counts**

### **[1-8] Chassé to R, Back Rock, Chasé to L, Back Rock**

**1&2,3-4** Step to R, Step L beside R, Step to R, Rock back on L, Recover on R

**5&6,7-8** Step to L, Step R beside L, Step to L, Rock back on R, Recover on L

### **[9-16] R Lock Steps Fwd, Scuff, L Lock Steps Fwd, Scuff**

**1-2-3-4** Step fwd on R, Lock L behind R, Step fwd on R, Scuff L

**5-6-7-8** Step fwd on L, Lock R behind L, Step fwd on L, Scuff R

### **[17-24] Jazz Box with Cross, Side Touches**

**1-2-3-4** Step R over L, Step back on L, Step to R, Step L over R

**5-6-7-8** Step to R, Touch L beside R, Step to L, Touch R beside L

### **[25-32] Step Fwd on R, Hold, Turn ¼ to L and Step on L, Hold, Swivel Inward Toes, Heels, Toes, Heel Bounce**

**1-2-3-4** Step fwd on R, Hold, turn ¼ to L and step on L, Hold

**5-6-7-8** Swivel toes inward, Swivel Heels inward, Swivel Toes inward, Bounce heels

**RESTART: At the end of the 8th rotation there is a Restart at the end of 24 counts.**

**You will be facing 3:00.**

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