

ALIVE AND FREE

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate

Choreographer: Ronnie James

Music: Who Wouldn't Wanna Be Me by Keith Urban

SIDE, TOGETHER, RIGHT CHASSE, ROCK BACK, RECOVER, LEFT CHASSE

- 1-2** Step right to side, step left next to right
- 3&4** Chasse right on right, left, right
- 5-6** Rock back on left, recover on right
- 7&8** Chasse left on left, right, left

CROSS, SIDE, BEHIND, ROCK, RECOVER, CROSS, RIGHT CHASSE

- 9-12** Cross right over left, step left to side, cross right behind left, rock left on left
- 13-14** Recover on right, cross left over right
- 15&16** Chasse right on right, left, right

ROCK BACK, RECOVER, STEP FORWARD, ½ TURN, LEFT CHASSE, ROCK BACK, RECOVER

- 17-20** Rock back on left, recover on right, step forward on left, ½ turn right on to right
- 21&22** Chasse left on left, right, left
- 23-24** Rock back on right, recover on left

MONTEREY ½ TURN, RIGHT CHASSE, ROCK BACK, RECOVER

- 25-26** Touch right to side, on ball of left make ½ turn right
- 27-28** Touch left to left side, step left next to right
- 29&30** Chasse right on right, left, right
- 31-32** Rock back on left, recover on right

SHUFFLE FORWARD, STEP FORWARD, ½ TURN, SHUFFLE FORWARD, STEP FORWARD, ½ TURN

- 33&34** Shuffle forward on left, right, left
- 35-36** Step forward on right, ½ turn left on to left
- 37&38** Shuffle forward on right, left, right
- 39-40** Step forward on left, ½ turn right on to right

SKATE FORWARD TWICE, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, $\frac{3}{4}$ TURN

41-42 Skate forward on left and right

43&44 Shuffle forward on left, right, left

45-46 Rock forward on right, recover on left

47&48 $\frac{3}{4}$ turn right on right, left, right

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FW D, RECOVER, SHUFFLE $\frac{1}{2}$ TURN

49-50 Rock forward on left, recover on right

51&52 Step back on left, step right next to left, step forward on left

53-54 Rock forward on right, recover on left

55&56 Shuffle $\frac{1}{2}$ turn right on right, left, right

TURN, TURN, SHUFFLE FORWARD, ROCKING CHAIR

57-58 $\frac{1}{2}$ turn right stepping back on left, $\frac{1}{2}$ turn right stepping forward on right

59&60 Shuffle forward on left, right, left

61-64 Rock forward on right, recover on left, rock back on right, recover on left

REPEAT