

Life of Brian

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Count: 64 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Videbæk Group - July 2014 (Names below)

Music: Always Look on the Bright Side of Life by Monty Python

Sec. 1: Step, lock, step, brush x2,

1,2,3,4 Step R forward, Lock L behind R, Step R forward, brush L (Look out...R "shadowhand")

5,6,7,8 Step L forward, Lock R behind L, Step L forward, brush R (Look out... L "shadowhand")

Sec. 2: Jazzbox $\frac{1}{4}$ turn, Vine, syncopated Vine

1,2,3,4 Cross R in front of L, $\frac{1}{4}$ R stepping back L, Step R to R side, step L across R

5,6&7,8 Step R to R side, step L behind R, step R to R side, step L across R, step R to R side

Sec. 3: Toestrut x2, kick ball point x2

1,2,3,4 Touch L toe forward, step down onto L, touch R toe forward, step down onto R (finger snaps)

5&6kick L forward, step down onto L, Point R to R side

7&8kick R forward, step down onto R, Point L to L side

Sec. 4: cross rock, chasse, sailor $\frac{1}{4}$, step $\frac{1}{2}$ turn

1,2,3&4 Rock L across R, recover onto R, step L to L side, step R together, step L to L side

5&6step R behind L, $\frac{1}{4}$ turn R stepping L to L side, step forward R

7,8step forward onto L, $\frac{1}{2}$ R stepping forward R

Sec. 5: step, scuff, step, scuff, rock step, tripple full turn

1,2,3,4step forward L, scuff R, step forward R, scuff L (hands in side)

5,6rock L across R, recover onto R

7&8full triple turn L,R,L

(easy option 7&8 coaster step)

Sec. 6: cross, side, sailor step, cross, side, sailor $\frac{1}{4}$ turn

1,2step R across L, step L to L side,

3&4step R behind L, step L to L side, step R to R side

5,6step L across R, step R to R side,

7&8step L behind R, $\frac{1}{4}$ L stepping R , step L to L side

Sec. 7: syncopated vine x 2, chasse

1,2&3step R to R side, step L behind R, step R to R side, step L across R

4,5&6step R to R side, step L behind R, step R to R side, step L across R

7&8step R to R side, step L together, step R to R side (prep for turn)

Sec. 8: $\frac{1}{4}$ turn L, full turn L, brush, Lock step x2

1,2,3,4 $\frac{1}{4}$ L stepping forward L, $\frac{1}{2}$ turn L stepping back R, $\frac{1}{2}$ turn L stepping forward L, brush R

5&6step forward R, step L behind R, step forward R

7&8step forward L, step R behind L, step forward L

ENDING: sec. 6 count 7&8 Sailor $\frac{1}{2}$ turn

Choreographers: Alice Laursen, Åse Jensen, Hans Pitters, Tine Abildgaard, Kirsten Hjort, Anni Elleby, Lene Jensen, Bente Larsen, Solvejg Bach, Christina Rasmussen, Bente Christensen, Grethe Andersen, Kirsten Boelsmand, Majbritt Herold, Helle Traun, Michael Appel, Grethe Egebæk, Helle Reffstrup, Betty Jensen, Lisbeth Ginnerup, Hanne Lauridsen, Linette Jakobsen, Bodil Hylleberg, Susanne Houmøller, Lise Astrup with a little help from Hanne Pitters, Birthe Tygesen.

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