

GET ON DOWN

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Kathy Sharpe-Arrant

Music: Get Down Tonight by K.C. & The Sunshine Band

STEP RIGHT, LEFT TOGETHER, STEP RIGHT, TOUCH LEFT, STEP LEFT, RIGHT TOGETHER, ¼ LEFT, TOUCH RIGHT

- 1-4** Step right foot to right, step left foot next to right, step right foot to right, touch left toe next to right
- 5-8** Step left foot to left, step right foot next to left, step ¼ turn left onto left foot, touch right toe next to left

STEP RIGHT, TOUCH LEFT, HOLD, HIP SHAKE, STEP LEFT, TOUCH RIGHT, HOLD, HIP SHAKE

- 1-3** Step to right on right foot, touch left toe next to right, hold
- &4** Move hips to left, move hips to right with weight still on right
- 5-7** Step to left on left foot, touch right toe next to left, hold
- &8** Move hips to right, move hips to left with weight still on left

DIAGONAL STEP TOUCHES BACK (RIGHT, LEFT) ¼ TURN RIGHT, TOUCH, ¼ TURN RIGHT, TOUCH RIGHT TOE OUT TO RIGHT

- 1-4** Step back on a diagonal on right, touch left toe next to right, step back on a diagonal on left, touch right toe next to left
- 5-8** Step ¼ turn right on right, touch left toe next to right, step left foot ¼ turn right, touch right toe out to right side keeping heel off the floor (feet should be shoulder width apart and body at a diagonal angle to the left)

HIP MOVEMENTS (DOWN AND UP), HOLD, HIP BUMPS (RIGHT, LEFT), HIP MOVEMENTS (DOWN AND UP), HOLD, HIP BUMPS (RIGHT, LEFT)

- &1&2-3** Thrust hips forward bending knees, thrust hips back, thrust hips forward straightening knees, thrust hips back, hold
- &4** Bump right hip to right (while bringing left shoulder up), bump left hip to left (while bringing right shoulder up)
- &5&6-7&8** Repeat &1&2-3&4 above

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=53672