

MOMENTS OF PLEASURE

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Count: 48

Wall: 2

Level: intermediate waltz

Choreographer: Kristina Beeby

Music: Stay In This Moment by Trick Pony

- 1-3** Step left forward, step right beside left, step left back
- 4-5** Sweep right around behind left, turn $\frac{1}{4}$ turn left step forward
- 6** Turning $\frac{1}{2}$ turn step back on right
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- 1** Turning $\frac{1}{4}$ turn left step left to left side
- 2-3** Step right across left, rock back onto left
- 4** Turning $\frac{1}{4}$ turn right step right forward
- 5&6** Shuffle forward left-right-left
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- 1-3** Step/rock right to right side, rock hips left, rock hips right
- 4-5** Touch left behind right, unwind $\frac{3}{4}$ turn left (weight on left)
- 6** Step/rock right forward
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- 1-2** Rock back onto left, turning $\frac{1}{2}$ turn right step right forward
- 3-4** Turning $\frac{1}{2}$ turn right step back on left, turning $\frac{1}{2}$ turn right step right forward
- 5&6** Shuffle forward left-right-left
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- 1-3** Step/rock right to right side, rock onto left, step right behind left
- &4** Turning $\frac{1}{4}$ turn left step left forward, step right forward
- 5-6** Step left forward, rock back onto right
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- &1** Step left beside right, step right back

- 2-3** Turn ¼ turn left step left to left side, step right across left
- 4-5** Turn ¼ turn left step left forward, rock back on right
- 6** Turn ¼ turn left step left to left side
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- 1-3** Step right across left, step left to left side, step right behind left
- &4** Step left to left side, step right forward
- 5-6** Rock back on left, step back on right
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- 1-2** Rock forward onto left, turning ¼ turn left step right back
- 3-4** Turning ¼ turn left step left to side, step right across left
- 5-6** Step/rock left to left side, rock hips right

REPEAT

TAG

At the end of wall 3 add the following steps then restart the dance

TRAVELING BACK - USE HIPS WHEN ROCKING RIGHT AND LEFT

- 1-3** Step left behind right, step/rock right to right side, rock onto left
- 4-6** Step right behind left, step/rock left to left side, rock onto right

TRAVELING FORWARD - USE HIPS WHEN ROCKING RIGHT AND LEFT

- 1-3** Step left across right, step/rock right to right side, rock onto left
- 4-6** Step right across left, step/rock left to left side, rock onto left