

IT'S A HEARTACHE

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Helen Born , Nita Lindley & Pat Donley

Music: It's A Heartache by Trick Pony

FULL RIGHT TURN, FULL LEFT TURN, TOUCHES

1-2-3-4 Begin a full turn to the right traveling right, step right, left, right, touch left next to right

5-6-7-8 Begin a full turn to the left traveling left, step left, right, left, touch right next to left

Option: normal right & left vines in this section

ROCK STEPS, ½ TRIPLE TURNING STEPS, POINTS & STEPS

1-2-3-4 Step diagonally right rock forward on right, rock back, back on left, rock forward on right, rock back on left

5&6-7-8 Over right shoulder ½ turn right, stepping right, left, right, point left to left, step left next to right

9-16 Repeat counts 1-8

¼ LEFT, SIDE SHUFFLE, ROCK STEP, LEFT GRAPEVINE

1&2-3-4 Turning ¼ turn left and side shuffle right, left, right, rock back on left, recover on right

5-6-7-8 Step left to left, right slightly behind left, step left, touch right next to left

REPEAT