

HEAVEN AND HELL

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Thomas Blixt-Hansson

Music: Pretend by Nelson & The Stagecoach

WALK FORWARD, MAMBO STEP, WALK BACK, COASTER STEP

- 1-2 Step right foot forward, step left foot forward
- 3&4 Rock forward onto right, recover weight onto left, step right beside left
- 5-6 Step left foot back, step right foot back
- 7&8 Step left foot back, step right beside left, step left foot forward

ROCK STEP, COASTER STEP, STEP TURN $\frac{1}{4}$, TRIPLE STEP

- 1-2 Rock forward onto right, recover weight onto left
- 3&4 Step right foot back, step left beside right, step right foot forward
- 5-6 Step left foot forward, turn $\frac{1}{4}$ to right putting weight onto right foot
- 7&8 Step left beside right, step in place right, left

SIDE, TOGETHER, TRIPLE STEP, SIDE, TOGETHER, TRIPLE STEP

- 1-2 Step right foot to right side, step left foot beside right
- 3&4 Step in place right, left, right
- 5-6 Step left foot to left side, step right foot beside left foot
- 7&8 Step in place left, right, left

TOUCH, TOUCH, COASTER STEP, TOUCH, TOUCH, COASTER STEP

- 1-2 Touch right foot in front of left, touch right foot diagonally forward
- 3&4 Step right foot back, step left beside right, step right foot forward
- 5-6 Touch left foot in front of right, touch left foot diagonally forward
- 7&8 Step left foot back, step right beside left, step left foot forward

REPEAT