

Forever Sway

LINEDANCE.COM

Count: 48

Wall: 2

Level: High Beginner

Choreographer: Forty Arroyo (11/11)

Music: Forever and One Day by Mr. President - (Radio Edit or Radio Groove 3:39)

(This Hayloft Floor Split was inspired by- the FUN Intermediate Line dance "Forever and One Day" by John Robinson)

Dedicated to The Sturbridge & Brimfield Senior Line Dancers

Contact John Robinson www.mrshowcase.net; also available on amazon.com

Start dance after 16 - on vocals. - Sequence: 48, 48, 32, 48, 48, 48, 32, 48, 48*

WALK, KICK, BACK, BACK, COASTER STEP

- 1- 4** Walk forward right diagonal - R, L, R, Kick (or touch) L forward (1:30)
- 5, 6** Traveling back L diagonal - Step back on L, Step back on R (1:30)
- 7&8** Squaring off to 12:00 - Step back on L, Step R next to L, Step forward on L

WALK, KICK, BACK, BACK, COASTER STEP

- 1- 4** Walk forward left diagonal - R, L, R, Kick (or touch) L forward (10:30)
- 5, 6** Traveling back R diagonal - Step back on L, Step back on R (10:30)
- 7&8** Squaring off to 12:00 - Step back on L, Step R next to L, Step forward on L

HIP SWAYS, ROCKING CHAIR

- 1- 4** Sway hips R, L, R, L
- 5- 8** Rock Forward on R, Step L in place, Rock back on R, Step L in place

RIGHT KICK, CROSS, STEP, STEP, LEFT KICK, CROSS, STEP, STEP

- 1, 2** Kick (or touch) R forward - right diagonal, Cross R over L
- 3, 4** Step back on L, Step back on R
- 5, 6** Kick (or touch) L forward - left diagonal, Cross L over R
- 7, 8** Step back on r, Step back on L

RESTARTS HAPPEN HERE AT 12 O'CLOCK (3rd and 7th repetition dance only the first 32 counts)

3rd repetition starts at 6:00 and 7th repetition starts at 12:00

(if dancing to Forever and One Day)

¼ MONTEREY TURNS, TOUCH, STEP (REPEAT) - end at 6 O'clock

- 1, 2** Touch R out to side, Pivot ¼ right on LF - stepping R next to L (3:00)
- 3, 4** Touch L out to side, Step L next to R
- 5, 6** Touch R out to side, Pivot ¼ right on LF - stepping R next to L (6:00)
- 7, 8** Touch L out to side, Step L next to R

2 RIGHT KICK BALL CHANGES, CHARLESTON

- 1&2** Low kick R forward, Step ball of R next to L, Step L slightly forward
- 3&4** Low kick R forward, Step ball of R next to L, Step L slightly forward
- 5- 8** Step forward on R, Kick L Forward, Step Back on L, Touch R toes back

***Ending - you will be ending at 6:00 - after the 2 kick ball changes - walk around ½ turn left to 12:00 - (instead of the Charleston) - (5-8) walk R, L, R, L**

Repeat - Have Fun!!

Contact: Forty.arroyo@gmail.com www.fortyarroyo.com