

# MITZY'S (DANCE STUDIO)

LINEDANCE.COM

**Count:** —

**Wall:** 4

**Level:** intermediate

**Choreographer:** Sonia & Ric Darquea

**Music:** Perfidia by John Altman

## INTRODUCTION STEPS DESCRIPTION (1-112)

### BASIC MERENGUE STEPS

- 1-8** Side left, right together, side left, right together, side left, right together, side left, right touch
- 9-16** Side right, left together, side right, left together, side right, left together, side right, left touch
- 17-20** Side left, right together, side left, right touch
- 21-24** Side right, left together, side right, left touch

### BASIC CHA-CHA STEPS

- 25-28** Rock forward on left, recover right, cha-cha steps in place (left, right, left)
- 29-32** Rock back on right, recover left, cha-cha steps in place (right, left, right)
- 33-36** Rock to left side, recover right, cha-cha steps in place (left, right, left)
- 37-40** Rock to side on right, recover left, cha-cha steps turning  $\frac{1}{2}$  to right (right, left, right) (6:00)
- 41-80** Repeat steps 1-40 (12:00)

### BREAK STEPS: STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LEFT RONDE

- 81-84** Stomp left diagonally forward, hold 3 counts
- 85-88** Stomp right diagonally forward, hold 3 counts
- 89-92** Stomp left diagonally forward, hold 3 counts
- 93-96** Stomp right diagonally back, hold 3 counts
- 97-100** Stomp left diagonally back, hold 3 counts
- 101-104** Stomp right diagonally back, hold 3 counts

**On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite**

**105-112** Point left toes forward, hold 3 counts), left ronde (front to back in 4 counts)

### **THE MAIN DANCE**

#### **BASIC CHA-CHA FORWARD, BASIC CHA-CHA BACK**

**1-4** Rock forward left, left cha-cha in place (left, right, left)

**5-8** Rock back right, right cha-cha in place (right, left, right)

#### **2 COUNT VINE TO LEFT, SHUFFLE TURN $\frac{1}{4}$ TO LEFT**

**9-12** Side step left, right step behind left, left shuffle  $\frac{1}{4}$  to left (left, right, left) (9:00)

**13-16** Rock forward on right, recover on left, right shuffle turn  $\frac{1}{2}$  to right 3:00

#### **WALK 2 STEPS FORWARD, 2 SHUFFLE $\frac{1}{2}$ TURNS TO RIGHT, ROCK LEFT FORWARD**

**17-18** Walk forward: left, right

**19-22** Left shuffle turn  $\frac{1}{2}$  to right, right shuffle turn  $\frac{1}{2}$  to right (full turn, moving forward)

**23-24** Rock forward on left, recover on right

### **REPEAT**

#### **BREAK STEPS**

**1-4** Stomp left diagonally forward, hold 3 counts

**5-8** Stomp right diagonally forward, hold 3 counts

**On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite**

#### **BASIC MERENGUE STEP**

**Side step with bent knee bringing right hip up, step right together with bent, knee bringing left hip up**

#### **BASIC CHA-CHA STEP**

## **Basic cha-cha steps are rock step, shuffle in place**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=30894](https://www.linedance.com/index.php?f=dance_view&id=30894)