

# ALMAMATER

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**Count:** 48      **Wall:** —      **Level:** —

**Choreographer:** The Dancin Dudes

**Music:** Heartbreak School by James Bonamy

**Position:** Right Open Promenade (Holding Inside Hands)

**Man's steps are shown. Lady's steps are opposite foot**

**STEP, SLIDE, STEP, SCUFF - STEP SLIDE, STEP, SCUFF**

**Hands: hold inside hands**

- 1-2      Left step forward - slide right up to left
- 3-4      Left step forward - scuff right forward
- 5-6      Right step forward - slide left up to right
- 7-8      Right step forward - scuff left forward

**STEP ¼ TURN, CROSS SHUFFLE - SIDE, ROCK, SAILOR STEP**

**Hands: join both hands on ¼ turn - facing partner**

- 9-10      Left step forward - make ¼ turn right (weight on right)
- 11&12      Left cross shuffle to right (left-right-left)
- 13-14      Right step to the side - rock weight onto left
- 15&16      Right step behind left - left step to the side (&) - right step to the side

**WALK, WALK, ½ TURN, TOUCH - WALK, WALK, ¼ TURN, TOUCH**

**Hands: man turns under his right arm releasing left hand on ½ turn - turning lady under his right arm & ¼ turn**

- 17-18      Left step forward - right step forward
- 19-20      Left step forward making ½ turn right - touch right toe beside left (facing partner)
- 21-22      Right step forward - left step forward
- 23-24      Right step ¼ turn right - touch left toe beside right (LOD)

**SHUFFLE FORWARD, STEP, SCUFF - SHUFFLE FORWARD, STEP, SCUFF**

**Hands: hold inside hands**

- 25&26** Left shuffle forward (left-right-left)  
**27-28** Right step forward - scuff left forward  
**29&30** Left shuffle forward (left-right-left)  
**31-32** Right step forward - scuff left forward

**STEP PIVOT ½ TURN, SHUFFLE FORWARD - STEP PIVOT ½ TURN SHUFFLE FORWARD**

**Hands: release hands joining opposite hands on pivot turns**

- 33-34** Left step forward - make ½ turn right (weight forward) (RLOD)  
**35&36** Left shuffle forward (left-right-left)  
**37-38** Right step forward - make ½ turn left (weight forward) (LOD)  
**39&40** Right shuffle forward (right-left-right)

**WALK, WALK, WALK, WALK - STOMP, STOMP, KICK, KICK**

**Hands: hold inside hands**

- 41-42** Left step forward - right step forward  
**43-44** Left step forward - right step forward  
**45-46** Stomp left twice  
**47-48** Kick left forward (option: touch foot with partners)

**REPEAT**