

# Grown

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Daniel Trepas (NL) Nov. 2015

**Music:** Grown by Little Mix

**Intro: 32 counts from first beat in music (app. 11 sec. into track)**

**Restart: In the 4th Wall after 32 counts**

**[1 - 8] Side, Diagonal Kick, Side, Touch, Shuffle ¼ turn R, Hold**

1 - 2 Step R to R side (1), Kick L diagonally R forward (2) 12:00

3 - 4 Step L to L side (3), Touch R next to L (4) 12:00

5 - 8 Step R to R side (5), Step L next to R (6), ¼ turn R stepping R forward (7), Hold (8) 3:00

**[9 - 16] Step turn, Step fwd, Hold, 1 ¼ turn L, Hold**

1 - 4 Step L forward (1), ½ turn R stepping R forward (2), Step L forward (3), Hold (4) 9:00

5 - 8½ turn L stepping R back (5), ½ turn L stepping L fwd (6), ¼ turn L stepping R to R side (7), Hold (8) 6:00

**[17 - 24] Sailor ¼ turn L, Step fwd, Touch ¼ turn L, Side, Touch**

1 - 4 Cross L behind R (1), ¼ turn L stepping R slightly to R side (2), Step L forward (3), Hold (4) 3:00

5 - 6 Step R forward (5), ¼ turn L touching L next to R (6) 12:00

7 - 8 Step L to L side (7), Touch R next to L (8) 12:00

**[25 - 32] R Heel out, L Heel out, R in, L in, Out Out, Down, Up**

1 - 4R heel diagonal R forward (1), L heel diagonal L forward (2), R back in place (3), L back in place (4) 12:00

5 - 8 Step R out (5), Step L out (6), Bend knees (7), stretch legs and bring feet together (8) 12:00

**Restart In the 4th wall you will do the restart here**

**[33 - 40] 2X Step lock steps with Scuff**

1 - 4 Step R diagonally forward (1), Lock L behind R (2), Step R diagonally forward (3), Scuff L forward (4) 12:00

**5 - 8** Step L diagonally forward (5), Lock R behind L (6), Step L diagonally forward (7), Scuff R forward (8) 12:00

**[41 - 48] Step fwd, Touch  $\frac{1}{4}$  turn L, Side, Hold,  $\frac{1}{2}$  turn R, Side, Hold**

**1 - 2** Step R forward (1),  $\frac{1}{4}$  turn L touching L next to R (2) 9:00

**3 - 4** Step L to L side (3), Hold (4) 9:00

**5 - 8** Cross R over L (5),  $\frac{1}{4}$  turn R stepping L back (6),  $\frac{1}{4}$  turn R stepping R to R side (7), Hold (8) 3:00

**[49 - 56] Syncopated half diamond**

**1 - 4**  $\frac{1}{8}$  turn R stepping L forward (1),  $\frac{1}{8}$  turn L stepping R to R side (2),  $\frac{1}{8}$  turn L stepping L back (3), Hold (4) 1:30

**5 - 8** Step R back (5),  $\frac{1}{8}$  turn L stepping L to L side (6),  $\frac{1}{8}$  turn L stepping R forward (7), Hold (8) 10:30

**[57 - 64] Rock step,  $\frac{1}{8}$  turn L, Toe Heel Toe to L, Hitch**

**1 - 4** Rock L forward (1), Hold (2), Recover on R (3), Hold (4) 10:30

**5 - 8**  $\frac{1}{8}$  turn L stepping L to L side & turn toes out (5), Turn L heel out (6), Turn L toes out (7), Hitch R (8) 9:00

**HAPPY FACE AND SEE YOU SOON!!!**