

Life Is Good

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: David Sinfield (Feb 2013)

Music: Life is Good by Gord Bamford (105bpm - iTunes)

TOE HEEL CROSS, TOE HEEL CROSS, COASTER, STEP PIVOT STEP

- 1&2** Touch right toe to left instep, dig right heel down, cross right over left
- 3&4** Touch left toe to right instep, dig left heel down, cross left over right
- 5&6** Step right back, step left beside right, step right forward
- 7&8** Step left forward, pivot $\frac{1}{2}$ turn right, step left forward

SCISSOR STEP, CHASSE LEFT, TOUCH, SCISSOR STEP, CHASSE LEFT

- 1&2** Step right to right, step left beside right, cross right over left
- 3&4&** Step left to left, close right beside left, step left to left, touch right beside left
- 5&6** Step right to right, step left beside right, cross right over left
- 7&8** Step left to left, close right beside left, step left to left

ROCK $\frac{1}{4}$ TURN STEP, STEP PIVOT STEP, STEP LOCK STEP, KICK BALL STEP

- 1&2** Rock forward right, replace weight onto left , step right into $\frac{1}{4}$ turn right
- 3&4** Step forward left, pivot $\frac{1}{2}$ turn right, step forward left
- 5&6** Step forward right, lock left behind right, step forward right
- 7&8** Kick left forward, step left down, step right forward

STEP PIVOT STEP, STEP LOCK STEP, KICK BALL CHANGE, COASTER STEP

- 1&2** Step left forward, pivot $\frac{1}{2}$ turn right, step left forward,
- 3&4** Step right forward, lock left behind right, step right forward
- 5&6** Kick left forward, step left down, step right beside left
- 7&8** Step left back, step right beside right, step forward left

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