

# Please Mr Postman

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Aiden Fryer (UK) Nuline - May 2014

**Music:** Please Mr Postman by Amanda Fondell. Album: All This Way

## Start 16 Counts

### Chasse Right Rock Back Recover, Left Strut Right Strut Across X2 ,

- 1&2**            Step Right To Right , Left Next To Right , Right To Right Side
- 3-4**            Rock Left Behind Right Recover Onto Right
- 5-6**            Left Toe Strut,
- 7-8**            Right Toe Strut Across Left

### Chasse Left Rock Back Recover, Step Pivot $\frac{1}{4}$ Turn Left Step Pivot $\frac{1}{4}$ Turn Left ,

- 1&2**            Step Left To Left Side Right Next To Left Step Left To Left Side
- 3-4**            Rock Right Behind Left Recover Onto Left
- 5-6**            Step Forward On Right Turning  $\frac{1}{4}$  To Right Weight On Left
- 7-8**            Step Forward On Right Turning  $\frac{1}{4}$  To Right Weight On Left

### Jazz box Stepping Forward Right Shuffle Forward , $\frac{1}{4}$ Turn Left Shuffle Forward

- 1-2**            Cross Right Over Left Step Back On Left
- 3-4**            Step Right To Right Side Step Forward On Left
- 5&6**            Step Right Forward , Left Towards Right Step Right Forward

### 7&8 $\frac{1}{4}$ Turn Left Step Left Forward, Right Towards Left , Step Forward On Left

### Jazz box $\frac{1}{4}$ Right With Cross Point Right Toe Out , Right Across , Unwind $\frac{3}{4}$ Turn Left , Flick Right Foot Behind

- 1-2**            Cross Right Over Left , Make  $\frac{1}{4}$  Right , Step Left Back ,
- 3-4**            Right To Right Side Cross Left Over Right
- 5-6**            Point Right Toe To Right Side Cross Right Over Left
- 7-8**            Point Right To To Right Side , Cross Right Over Left Unwind  $\frac{3}{4}$  Turn Stepping Left To Left Side , And Flicking Right Foot Behind

## **End Of Dance - Enjoy**

**Contact: <http://www.aidenfryerdance.moonfruit.com>**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=98340](https://www.linedance.com/index.php?f=dance_view&id=98340)