HOLD ON REAL TIGHT

Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Nancy A. Morgan

Music: Hold Me by The Cartoons

SIDE STEP, SLOW FORWARD ROCK, SIDE-TOGETHER-SIDE, CROSS ROCK, SIDE STEP, BEHIND, FORWARD WITH ¼ TURN RIGHT

1	Step right foot to right side
2-3	Step forward on left and back on right
4&5	Step left to left side, put right next to left, step left to left side
6-7	Cross-rock forward right over left and back on left
8&1	Step right to right side, step left behind right, step right foot forward as you turn ¼ turn to your right

WALK, WALK, MAMBO ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

2-3	Walk forward left, right
4&5	Step forward on left, ½ turn to right, put left next to right
6-7	Forward rock on right and back on left
8&1	Step back on right, back on left, forward on right

FORWARD ROCK, COASTER STEP, STEP, PIVOT ½ TURN LEFT, SHUFFLE FORWARD

2-3	Forward rock on left and back on right
4&5	Step back on left, back on right, forward on left
6-7	Step forward on right, ½ turn to left (weight is on left)
8&1	Shuffle forward - right, left, right

STEP OUT LEFT, OUT RIGHT, CROSS RIGHT ARM OVER LEFT ARM, CROSS LEFT OVER RIGHT ARM (HUGGING YOURSELF), ROLL COUNTER TO THE RIGHT 2 TIMES

2-3	Step left out to left side (shoulder width), step right out to right side (shoulder width)
4-5	Cross right over left arm and hold on to your left arm, cross left over right arm and hold on to your right arm (as if you are hugging yourself)
6-7	Roll hips counter clock wise from left to right

8&	Roll hips counter clock wise from left to right as you slide your left foot to your right with weight ending on your left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=51855