

# LA VIDA

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** David Spencer (UK) July 2008

**Music:** "Viver A Vida (Gozar La Vida) " by Julio Iglesias from the album "Ao Meu Brasil"

## **Intro: 32 count intro - Start on vocals**

### **Make 1/4 Turn R, L Rock Forward, L Lock Step Back. 2 x 1/2 Turns Right, R Coaster Cross.**

- 1 2 3** Turn 1/4 R stepping R to R side. Rock forward on L. Recover back on R.  
**4 & 5** Step back on L. Cross R over L. Step back on L.  
**6 - 7** Turn 1/2 turn R stepping forward on R. Turn 1/2 turn R stepping back on L.  
**8 & 1** Step back on R. Close L next to R. Cross R over L. [3.00]

### **L Side Lunge Recover, L Coaster with 1/4 Turn L, Step Pivot 1/2 Turn L, R Shuffle Forward.**

- 2 - 3** Lunge L to L side. Recover back on R.  
**4 & 5** Turn 1/4 turn L stepping back on L. Close R next to L. Step forward on L.  
**6 - 7** Step forward on R. Pivot 1/2 turn L.

### **8 & 1 R shuffle forward on R-L-R. [6.00]**

### **Make 3/4 Turn R, L Cross Rock Side Cross, 2 x 1/4 Turns R, Step Forward L.**

- 2 - 3** Turn 1/2 turn R stepping back on L. Turn 1/4 turn R stepping R to R side.  
**4 & 5** Cross Rock L over R. Recover back on R. Step L to L side  
**6 - 7** Cross R over L. Turn 1/4 turn R stepping back on L.  
**8 - 1** Turn 1/4 turn R stepping R to R side. Step forward on L. [9.00]

### **R Kick Flick. R Lock Step Forward. L Rock Forward. L Coaster Step.**

- 2 - 3** Kick R foot forward. Flick R foot back making 1/4 turn L on ball of L.  
**4 & 5** Step forward on R. Lock L behind R. Step forward on R.  
**6 - 7** Rock forward on L. Recover back on R.  
**8 & 1** Step back on L. Close R next to L. Step forward on L. [6.00]

**R Step Forward. Pivot 1/2 turn L with Side Touch, L Behind & Cross, R Side Together, Chasse R.**

- 2 - 3 Step forward on R. Pivot 1/2 turn L keeping weight on R and touch L out to L side.
- 4 & 5 Cross L behind R. Step R to R side. Cross L over R.
- 6 - 7 Step R to R side. Close L next to R.
- 8 & 1 Chasse R on R-L-R. [12.00]

**Cross Rock, Side Cross, 1/4 Turn R, 1/2 turn R, 1/4 Turn on L Chasse.**

- 2 - 3 Cross Rock L over R. Rock Back on R.
- 4 - 5 Step L to L side. Cross R over L.
- 6 - 7 Turn 1/4 turn R stepping back on L. Turn 1/2 Turn R stepping forward on R.
- 8 & 1 Turn 1/4 R on L Chasse. [12.00]

**R Back Rock, Kick Ball Cross. 2 Sways, R Sailor 1/4 Turn R.**

- 2 - 3 Rock back on L behind R. Recover forward on L.
- 4 & 5 Kick R foot forward. Step down and slightly back on L. Cross L over R.
- 6 - 7 Sway hips R. Sway hips L.
- 8 & 1 Cross R behind L. Turn 1/4 turn R stepping L next to R. Step slightly forward on R. [3.00]

**L Point Step Forward, R Kick Ball Step, R Rock Forward, R Shuffle 1/2 Turn R.**

- 2 - 3 Point L toe to L side. Step forward on L.
- 4 & 5 Kick R foot forward. Step down on R. Step slightly forward on L .
- 6 - 7 Rock forward on R. Recover back on L.
- 8 & Turn 1/4 R stepping R to R side. Close L next to R [6.00]

**(NB: Counts 8&1 complete a shuffle 1/2 turn R)**

**REPEAT**