

One & One

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Lars Kuif (Netherlands- July 2014)

Music: "One & One" by Edyta Corniak (122 bpm)

Start after 32 counts (fast beat)

[1 - 8] R Side Rock, Recover, R Cross Shuffle, Vine L

- 1 - 2 Rock R to side, recover to L
- 3 & 4 Step R across L, step L to side, step R across L
- 5 - 8 Step L to side, step R back, step L to side, step R across L {12:00}

[9 - 16] L Side Rock, Recover, ¼ Sailor Turn L, R Step Fwd., L Point, L Kick-Ball-Point

- 1 - 2 Rock L to side, recover to R
- 3 & 4¼ turn L stepping L back, step R to side, step L to side**
- 5 - 6 Step R fwd., point L to side
- 7 & 8 Kick L fwd., step L next to R, point R to side {09:00}

[17 - 24] R Step Across L, L Step Back, ½ Shuffle Turn R, L Step Fwd., ¼ Turn R, L Cross Shuffle

- 1 - 2 Step R across L, step L back
- 3 & 4¼ turn R stepping R to side, step L next to R, ¼ turn R stepping R fwd.**
- 5 - 6 Step L fwd., ¼ turn R changing weight to R
- 7 & 8 Step L across R, step R to side, step L across R {06:00}

[25 - 32] R Side Rock, Recover, R Step Behind L, ¼ Turn L, L Step Fwd., R Rock Fwd., Recover, R Coaster Step Back

- 1 - 2 Rock R to side, recover to L
- 3 - 4 Step R behind L, ¼ turn L stepping L fwd.
- 5 - 6 Rock R fwd., recover to L
- 7 & 8 Step R back, step L next to R, step R fwd. {03:00}

[33 - 40] Figure Of Eight L

1 - 4 Step L to side, step R behind R, $\frac{1}{4}$ turn L stepping L fwd., step R fwd.

5 - 8 $\frac{3}{4}$ turn L (weight to L), step R to side, step L behind R, $\frac{1}{4}$ turn R stepping R fwd.

{06:00}

[41 - 48] L Side Step, Together, L Shuffle Fwd., R Side Step, Together, R Shuffle Fwd.

1 - 2 Step L to side, step R next to L

3 & 4 Step L fwd., step R next to L, step L fwd.

5 - 6 Step R to side, step L next to R

7 & 8 Step R fwd., step L next to R, step R fwd. {06:00}

[49 - 56] L Rock Fwd., Recover, Sailor Step Back (L + R), L Rock Back, Recover

1 - 2 Rock L fwd., recover to R

3 & 4 Step L behind R, step R to side, step L to side

5 & 6 Step R behind L, step L to side, step R to side

7 - 8 Rock L back, recover to R {06:00}

[57 - 64] $\frac{1}{4}$ Turn R, L Side Step, Hold, Together, L Side Step, R Touch, Rolling Vine R, Step L Across R

1 - 2 $\frac{1}{4}$ turn R stepping L to side, hold

&3 - 4 Step R next to L, step L to side, touch R next to L

5 - 7 $\frac{1}{4}$ turn R stepping R fwd., $\frac{1}{2}$ R stepping L back, $\frac{1}{4}$ R stepping R to side

8 Step L across R {09:00}

Begin again and have fun!

Questions: larskuif@hotmail.com