

Pick Up Man

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Count: 32

Wall: 4

Level: Beginner

Choreographer: Ronnie Russell

Music: "PickUp Man" by Alan Jackson

Toe, Heel, Toe, Heel, Toe Heel, Toe, Heel

1 - 4 Weight on L. Place R toe forward, step down on R heel, L toe forward, step down on L heel.

5 - 8 Place R toe forward, step down on R heel, L toe forward, step down on L heel.

Toe Heel, Toe, Heel, Toe, Heel, Toe Heel

1 - 4 Weight on L. Place R toe back, step down on R heel, L toe back, step down on L heel.

5 - 8 Place R toe back, step down on R heel, L toe back, step down on L heel. Weight on L foot.

Rock, Step, Step, Hold, Rock, Step, Step Hold,

1 - 4 Rock R foot to R side, Step L foot down in place, Step R foot beside L.

5 - 8 Rock L foot to L side, Step R foot down in place, Step L foot beside R.

Stomp Hold, Stomp Hold, Body Roll, Body Roll, ¼ Turn

1 - 4 Weight on L. Stomp R foot forward, hold. Stomp L foot forward, hold.

5 - 8 Make 2 body rolls turning to the left, making a ¼ turn. Weight on L foot.

End of Dance!