

# HYDROMATIC

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**Count:** 48

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Gary Lafferty

**Music:** Greased Lightning by Westlife

## **RIGHT KICK-BALL-CHANGE, STOMP, CLAP ; ROCK FORWARD, RECOVER, SHUFFLE ½ TURN**

- 1&2** Kick right foot forward, step down on right foot beside left, step on left foot in place
- 3-4** Stomp right foot forward, hold / clap hands
- 5-6** Rock forward on left foot, recover weight onto right
- 7&8** Shuffle back ½ turn over left shoulder stepping on left-right-left

## **STEP FORWARD, ½ TURN, KICK, KICK ; ROCK BACK, RECOVER, RIGHT SHUFFLE FORWARD**

- 1-2** Step forward on right foot, pivot ½ turn to left
- 3-4** Kick right foot forward twice
- 5-6** Rock back on right foot, recover weight onto left foot
- 7-8** Step forward on right foot, step on left foot beside right, step forward on right foot

## **STEP FORWARD, BOUNCE HEELS ½ TURN ; ROCK BACK, RECOVER, RIGHT KICK-BALL-CHANGE**

- 1** Step forward on left foot
- 2-4** Bounce heels 3 times to make ½ turn over right shoulder (weight remains on left, arms out for styling)
- 5-6** Rock back on right foot, recover weight onto left foot
- 7&8** Kick right foot forward, step down on right foot beside left, step on left foot in place

## **JAZZ BOX ; JUMP FORWARD, CLAP (TWICE)**

- 1-2** Cross-step right foot over left, step back on left foot
- 3-4** Step to right on right foot, step forward on left foot
- &5-6** Jump slightly forward on right then left ; hold / clap hands
- &7-8** Jump slightly forward on right then left ; hold / clap hands

## **TOE-STRUTS (OUT TO THE DIAGONALS THEN BACK IN TO CENTER)**

- 1-2** Touch right foot out to right diagonal, lower right heel to floor
- 3-4** Touch left foot out to left diagonal, lower left heel to floor
- 5-6** Touch right foot back towards center, lower right heel to floor
- 7-8** Touch left foot back towards center, lower left heel to floor

**Click your fingers out to the sides for styling on all 4 struts**

## **STEP FORWARD, ½ TURN, STEP FORWARD, HOLD (TWICE)**

- 1-4** Step forward on right foot, pivot ½ turn to left, step forward on right foot, hold
- 5-8** Step forward on left foot, pivot ½ turn to right, step forward on left foot, hold

## **REPEAT**

**The Westlife track is available on a compilation album entitled "Greasemania" (note - all one word) which was released to coincide with an ITV show of the same name. The song starts with some vocals, start the 32-count intro around 12 seconds when the beat begins, and start the dance on main vocals (24 seconds). The album is available from websites such as [www.amazon.co.uk](http://www.amazon.co.uk) and [www.ebay.co.uk](http://www.ebay.co.uk) for as little as 1p & postage at the time of releasing the dance!**

**If you have the original Grease soundtrack CD, then that version of Greased Lightning will also work, albeit with different phrasing. Start the dance after the initial vocals with a really short 4-count intro, on main vocals. This version of the music is faster, around 164 bpm**