

# Nothin' But The Music

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**Count:** 64      **Wall:** 2      **Level:** High Intermediate

**Choreographer:** Debbie McLaughlin (UK) May 2011

**Music:** 'Music' by Leela James (Album: A Change is Gonna Come)

**Count In: Straight after instrumental on first beat when the lyrics come in (12 seconds)**

**WALK WALK, ANCHOR STEP ½ TURN, TURN CROSS SIDE, BEHIND SIDE CROSS**

- 1 2**      Walk forward R, Walk forward L
- 3&4**      Step R slightly behind L, Recover weight onto L, Make ½ turn R stepping R forward (6 o'clock)
- 5&6**      Make ¼ turn R stepping L to L, Cross R over L, Step L to L (9 o'clock)
- 7&8**      Cross R behind L, Step L to L, Cross R over L to face L diagonal 7 o'clock (sweep L around from back to front)

**CROSS BACK, BACK LOCK BACK SIDE, CROSS BACK, BACK LOCK BACK SIDE**

- 1 2**      Cross L over R, Step back on R
- 3&4&**      Step back on L, Lock R across L, Step back L, Step R slightly back
- 5 6**      Cross L over R, Step back on R
- 7&8&**      Step back on L, Lock R across L, Step back L, Step R slightly back

**\*\*\*\* These 8 counts are to be done facing 7 o'clock and travelling backwards towards 2 o'clock)**

**WALK WALK, STEP ½ TURN STEP, SWEEP TOUCH, BACK LOCK BACK SIDE**

- 1 2**      Straightening up to 9 o'clock wall - Walk forward L, Walk forward R
- 3&4**      Step L forward, Pivot ½ turn R taking weight forward onto R, Step L forward (3 o'clock)
- 5 6**      Keeping weight on L, sweep R foot round ½ turn over L shoulder, Touch R forward (9 o'clock)
- 7&8&**      Step back on R, Lock L over R, Step back on R, Step slightly back on L

**CROSS ROCK RECOVER, BEHIND ¼ TURN, STEP ½ STEP, STEP ½ TURN ROCK RECOVER**

- 1 2 3**      Cross R over L, Rock L to L side, Recover weight onto R
- &4**      Cross L behind R, make ¼ turn R stepping forward R (12 o'clock)

- 5&6** Step L forward, Pivot  $\frac{1}{2}$  turn R taking weight on R, Step L forward (6 o'clock)
- 7&8&** Step R forward, Pivot  $\frac{1}{2}$  turn L taking weight on L, Rock forward on R, Recover weight back onto L (12 o'clock)

### **BACK SWEEP BACK SWEEP, BEHIND SIDE CROSS, UNWIND FULL TURN & CROSS, SWITCH & SWITCH**

- 1 2** Step back R and sweep L from front to back, Step back L and sweep R from front to back
- 3&4** Cross R behind L, Step L to L side, Cross R over L
- 5&6** Unwind full turn over L shoulder ending with weight on R, Step L to L side, Cross R over L
- 7&8** Touch L to L side, Step L in place, Touch R to R side

### **MONTEREY TOUCH, ROCK RECOVER $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN $\frac{1}{2}$ TURN, FORWARD ROCK BACK ROCK**

- 1 2** Make  $\frac{1}{2}$  turn over R shoulder stepping R beside L, Touch L to L side (6 o'clock)
- 3&4** Rock L across R, Recover back onto R, Make  $\frac{1}{4}$  turn L stepping L forward (3 o'clock)
- 5 6** Make  $\frac{1}{2}$  turn L stepping back on R, Make  $\frac{1}{2}$  turn L stepping forward on L (3 o'clock)
- 7&8&** Rock forward on R, Recover back onto L, Rock back on R, Recover weight forward onto L

### **PRESS SWEEP, BEHIND SIDE CROSS, ROCK RECOVER CROSS, $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN CROSS**

- 1 2** Press R forward, Recover weight back onto L whilst sweeping R from front to back
- 3&4** Cross R behind L, Step L to L side, Cross R over L
- 5&6** Rock L out to L side, Recover weight onto R, Cross L over R
- 7&8** Make  $\frac{1}{4}$  turn L stepping back on R, Make  $\frac{1}{2}$  turn L stepping forward on L, Step forward on R (6 o'clock)

### **HIP ROLL &, MAMBO STEP, MAMBO STEP, COASTER STEP LOCK**

- 1 2&** Rock forward on L (rolling L hip anti-clockwise front to back), Recover weight onto R, Step L beside R
- 3&4** Rock forward on R, Recover back onto L, Step R beside L
- 5&6** Rock forward on L, Recover back onto R, Step L beside R
- 7&8&** Step back on R, Step L beside R, Step L forward, Lock L behind R

### **Restarts: (Restarts take the dance to the opposite 2 walls)**

**During 2nd Wall - Dance up to count 16 (ending weight on L) and restart the dance facing 3 o clock**

**During 5th Wall - Dance up to count 48& and restart the dance facing 6 o clock**

**Contact: [debmcwotzit@gmail.com](mailto:debmcwotzit@gmail.com)**

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