

BRAINWAVE FROM MY HEART

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate

Choreographer: David Sinfield

Music: Bottom Of My Heart by Ethan Allen

3 SHUFFLES FORWARD AND SYNCOPATED TURN

- 1&2** Step right forward, close left beside right, step right forward
- 3&4** Step left forward, close right beside left, step left forward
- 5&6** Step right forward, close left beside right, step right forward
- 7&8** Cross left over right, step back right, step left into $\frac{1}{4}$ turn left

3 SHUFFLES FORWARD AND SYNCOPATED TURN

- 9-16** Repeat steps 1-8

MAMBO STEPS X 4 STARTING RIGHT

- 17&18** Rock forward right, rock back left, step right in place
- 19&20** Rock forward left, rock back right, step left in place
- 21&22** Rock forward right, rock back left, step right in place
- 23&24** Rock forward left, rock back right, step left in place

HEEL AND TOE SWITCHES RIGHT & LEFT

- 25-26** Touch right heel forward, touch right toe back
- 27-28** Touch right heel forward, stomp right
- 29-30** Touch left heel forward, touch left toe back,
- 31-32** Touch left heel forward, stomp left

TOE TOUCHES, SIDE STEPS, CHASSE RIGHT, BACK ROCK

- 33-34** Touch right toe to right side, touch right beside left
- 35-36** Step right to right side, close left beside right
- 37&38** Step right to right side, close left beside right, step right to right side
- 39-40** Rock back left, rock forward right

TOE TOUCHES, SIDE STEPS, CHASSE LEFT, BACK ROCK

- 41-42** Touch left toe to left side, touch left beside right
- 43-44** Step left to left side, close right beside left side
- 45&46** Step left to left side, close right beside left, step left to left side
- 47-48** Rock back right, rock forward left

HEEL SWITCHES, CROSS TAP

- 49&-50&** Touch right heel forward, step right in place, touch left heel forward, step left in place,
- 51-52** Touch right heel forward, cross touch right over left
- 53-56** Repeat steps 49-52

PADDLE TURNS, SAILOR STEP, BACK PIVOT ½ TURN

- 57-60** Step right into 1/8 of turn left, step right in 1/8 of turn left (you should have pivot ¼ turn left)
- 61&62** Cross right behind left, step left to place, step right in place
- 63-64** Touch left toe back, pivot back ½ turn left (keeping weight on left)

REPEAT