

# Health Is Wealth

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Elaine Hoo (February 2018)

**Music:** shi shang zui gui shi jian kang(□□□□□□) By □□□

**sequence: Intro, 32, 32, tag1, 32, tag1, 32, tag2, tag3, intro, tag1, 32, tag1, 32, tag1, 32, tag4, 32 tag 1, 32, intro pose**

## **INTRO : 32 COUNTS**

**1-8: Hip Bump To Right X 4, Hip Bump To Left X 4**

**9-16: Repeat Section 1-8**

**17-24: Step Rf To R Side Touch Lf Behind Rf, Step Lf To Left Side, Touch Rf Behind Lf X 2**

**25-32: Step Rf Dig Fwd Touch Lf Next To Rf, Step Lf Dig Fwd Touch R Next To Lf, Step Rf Dig Back Touch Lf Next To Rf, Step Lf Dig Back Touch R Next To Lf**

## **Main Dance:-**

### **SET 1. WALK FWD RLR KICK L, WALK BACK LRL TOUCH R**

**1234**        Walk fwd R,L,R kick L foot forward

**5678**        Walk Back L,R,L Touch Right Next to Left

### **SET 2. SIDE TOGETHER CHASSE TO RIGHT CROSS ROCK RECOVER CHASSE TO LEFT**

**123&4**        Step RF to Right side ,Step LF Next to RF, Step RF to R side ,close LF Next To RF, Step RF To R Side

**567&8**        Cross LF over RF, Recover on RF, Step Lf to L side, Close RF Next to LF ,Step LF to L Side.

### **SET 3. CROSS TOUCH x 2 JAZZ BOX**

**1234**        Cross RF over LF Touch LF to L side, Cross LF Over RF Touch RF to R side

**5678**        Cross RF over LF, Step Back On L, Step RF To R side, Step fwd on LF

### **SET 4. ROCKING CHAIR, PIVOT HALF TURN LEFT**

**1234**        Rock RF fwd, Recover on LF, Rock RF backward Recover on LF

**5678**        Step RF fwd ,Step Lf to L side 1/4 L turn, Step RF Fwd, Step LF to L side 1/4 Left

### **TAG 1. OUT OUT IN IN (4 COUNTS)**

**1234** Step RF To R Side, Step LF To L Side . Step RF Back to Center, Close LF Next To RF

### **TAG 2. CHA CHA FWD PIVOT ½ TURN CHA CHA FWD PIVOT 1/2 TURN(8 COUNTS)**

**1&234** Step RF Fwd, Lock LF Behind RF, Step RF Fwd, Step LF Fwd 1/2 Turn R Step On RF

**5&678** Step LF Fwd, Lock RF Behind LF, Step LF Fwd, Step RF Fwd 1/2 Turn L Step On LF

### **TAG 3 (32 COUNTS)**

#### **SET 1.KICK BALL TOUCH R & L SIDE TOUCH SIDE TOUCH**

**1&23&4** Kick RF fwd step next to LF, Touch LF to L , Kick LF fwd step next to RF, Touch RF to R

**5678** Step down on RF & touch LF behind RF, Step LF to L side & Touch RF behind LF

#### **SET 2.Rolling vine to Right & LEFT**

**1234** Step RF 1/4 turn to R, step LF 1/4 turn to R, Step RF 1/2 turn to R & Touch LF to L side(12.00)

**5678** Step LF 1/4 turn to L, Step RF 1/4 turn to L, step LF 1/2 turn to L & Touch RF to R side (12.00)

#### **SET 3.CROSS SAMBA R & L. CROSS MAMBO R & L**

**1&23&4** Cross R Over L, step LF to L side, Recover on RF, Cross L over R, Step RF to R, Recover on L

**5&67&8** Cross RF over L , Recover weight on LF, step RF to R side, Cross LF over RF, Recover on RF, step LF to L side

#### **SET 4. BACK MAMBO X 2 WALK IN CIRCLE FULL TURN**

**1&23&4** Step RF behind L, recover on LF, Step RF to R, Step LF behind R , recover on RF, Step LF to L side

**5678** Walk RF 1/4 turn L, walk LF 1/4 turn L, Step RF to R side 1/2 turn L , Stomp on LF with pose

### **TAG 4. OUT OUT IN IN PIVOT 1/2 TURN (8 COUNTS)**

**1234** STEP RF To R Side, Step LF To L side. Step RF Back to center, Close LF Next To RF

**5678** Step RF Fwd, 1/4 turn to L Step on LF, Step RF Fwd 1/4 Turn to L Step On LF

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