

Let Me Help

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Wanda Heldt - Perth W.A - March 2016

Music: I Can Help by The Bellamy Brothers

No Tags or Restarts

Alternate: Boogie Fever by The Sylvers

Choreographed for Senior's & newcomers to keep them active in body & mind - keeping them on the dance floor - Having FUN.

Split floor: Stop Looking At My Eyes & Quit You Cha No Tags or restarts

S1. WALK FORWARD R.L.R. POINT, WALK BACK L.R. 1/4 TURN L. POINT

- 1-4** Walk forward R.L.R. Point left to Left side.
- 5-8** Walk back L.R. Turn a 1/4 Left stepping on Left [Lean body to Left] Point Right to side.
[9:00]

S2. RIGHT VINE, LEFT VINE [or ROLLING VINE R & L]

- 1-4** Step Right, Step Left behind Right, Step Right, Touch next to Right.
- 5-8** Step Left, Step Right behind Left, Left Step Left, Touch Right next to Left.

S3. FORWARD, TAP, BACK, TAP, FORWARD, TAP, BACK, TOUCH

- 1-2** Step forward on Right, Tap Left toe behind Right.
- 3-4** Step back on Left, Tap Right toe across Left.
- 5-6** Step forward on Right, Tap Left toe behind Right.
- 7-8** Step back on Left, Touch Right toe next to Left.

S4. 2 x 1/8 PADDLE TURN LEFT, DOUBLE HIP BUMPS R & L.

- 1-2** Step forward on Right turn 1/8 turn Left, Recover on Left. [Rolls hips as you turning]
- 3-4** Step forward on Right turn 1/8 turn Left, Recover on Left [6:00] [Wt. stays on Left]
- 5-6** Step forward on Right [body to L.diag] bump Right hip twice.
- 7-8** Recover on Left bump Left hip twice.

Restart HAVE FUN IN LIFE & IN DANCE.

Contact E-Mail:- silverstarwa@gmail.com - 0403 536 163

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=110676