

# Forgive & Forget

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**Count:** 64

**Wall:** 3

**Level:** Intermediate

**Choreographer:** Mathias Pflug (Germany) April 2012

**Music:** "Forgive Forget" by Caligola [iTunes]

**Intro: After the first "STOP!". (=32 counts before the main vocals)**

**[S1] Shuffle Forward, 1/2 Turn R, 1/4 Turn R, 1/4 Turn R Chassé, Back Rock, Recover**

**1&2** Step right forward, Step left beside right, Step right forward

**3-4 1/2 turn right & step left forward, 1/4 turn right & step right to right**

**5&6 1/4 turn right & step left forward, Step right beside left, Step left to left**

**7-8** Step right back, Recover on left [12:00]

**[S2] Side, Behind-Side-Heel & Cross, Side, Behind & Crossing Shuffle**

**1-2** Step right to right, Step left behind right

**&3** Step right to right, Tap left heel forward

**&4** Step left beside right, Cross right over left

**5-6** Step left to left, Step right behind left

**&** Step left to left

**7&8** Cross right over left, Step left next to right (still crossed), Cross right over left [12:00]

**[S3] Side Rock, Recover, 3/4 Turn L Sailor Step, Step, Full Turn R, Step**

**1-2** Step left to left, Recover on right

**3&4 1/2 turn left & cross left behind right, Step right beside left, 1/4 turn left & step left to left**

**5** Step right forward

**6-7 1/2 turn right & step left forward, 1/2 turn right & step right back**

**8** Step left forward [3:00]

**[S4] Rock Forward, Recover, Back Rock-Recover-Side Rock-Recover, Jazzbox 1/4 Turn R**

**1-2** Step right forward, Recover on left

**&3** Step right back, Recover on left

**&4** Step right to right, Recover on left

**5-6** Cross right over left, Step left back

**7-8 1/4 turn right & step right to right, Step left beside right [6:00]**

**[S5] Modified Monterey 1/2 Turn R, 1/4 Turn R Chassé, Back Rock, Recover, Full Turn L**

**1-2** Point right toe to right, 1/2 turn right while bringing right beside left

**3&4** Step left to left, Step right beside left, 1/4 turn right & step left to left

**5-6** Step right back, Recover on left

**7-8 1/2 turn left & step right forward, 1/2 turn left & step left back [3:00]**

**[S6] Rock Forward, Recover, Coaster Step, 1/4 Turn R, Touch, Kick-Ball-Cross**

**1-2** Step right forward, Recover on left

**3&4** Step right back, Step left beside right, Step right forward

**5-6 1/4 turn right & step left forward, Touch right beside left**

**7&8** Kick right forward, Step right beside left, Cross left over right [6:00]

**(Restart here during wall 2, facing 9 o'clock)**

**[S7] Side, Close, Shuffle Forward, Step, 1/4 Pivot R, Crossing Shuffle**

**1-2** Step right to right, Step left beside right

**3&4** Step right forward, Step left beside right, Step right forward

**5-6** Step left forward, 1/4 pivot right

**7&8** Cross left over right, Step right next to left (still crossed), Cross left over right [9:00]

**[S8] (Side, Touch) R+L, Kick-Ball-Change, Step, 1/2 Pivot Turn L**

**1-2** Step right to right, Touch left beside right

**3-4** Step left to left, Touch right beside left

**5&6\*\* Kick right forward, Step right beside left, Step left beside right**

**7-8** Step right forward, 1/2 pivot left [3.00]

**REPEAT!**

**Tag: (After wall 3 , facing 12 o'clock)**

## **Shuffle Forward, 1/2 Turn R, 1/4 Turn R, 1/4 Turn R Chassé, Back Rock, Recover**

**1&2** Step right forward, Step left beside right, Step right forward

**3-4 1/2 turn right & step left forward, 1/4 turn right & step right to right**

**5&6 1/4 turn right & step left forward, Step right beside left, Step left to left**

**7-8** Step right back, Recover on left [12:00]

## **(Chassé, Back Rock, Recover) R+L**

**1&2** Step right to right, Step left beside right, Step right to right

**3-4** Step left back, Recover on right

**5&6** Step left to left, Step right beside left, Step left to left

**7-8** Step right back, Recover on left [!2:00]

**Finishing: During wall 5, facing 12 o'clock, dance to count 60\*\* and add then a right Jazzbox**

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