

# African Lady

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Don Kay (Mar 2011)

**Music:** African Lady by Tony Stevens

**Start dance on lyrics.**

**Chasse left. Rock back. Recover. 1/4Turn. 1/4Turn. Cross shuffle.**

**1&2,3,4** Step L to side. &R next to L. L to side. Rock back on R. Recover on L. Turning 1/4 left step

**5,6,7&8back on R. Turning 1/4 left step L to side. Cross R over L. &L to side. Cross R over L.**

**1/4Turn. 1/4Turn. Shuffle forward. Step forward. Hip bump. Step forward. Hip bump**

**9,10,11&12** Turning 1/4 right step back on L. Turning 1/4 right step R to side. Step forward L. &Step R

**13, 14, 15, 16next to L. Step foeward L. Step forward R. Bump hips right. Step forward L. Bump hips left.**

**Side. Rock back. Recover. Turning step back. Sweeping turning sailor shuffle. Step. Step.**

**17,18,19,20** Step R to side. Rock back on L. Recover on R. Turning 1/4 right step back on L. Sweep R

**21,22&23,24around while turning 1/4 right stepping R behind L(2 counts) &Step L to side. Step forward R.L.**

**Rock. Recover. Coaster step. 1/4Swivel. 1/4Swivel.**

**25,26,27&28** Rock forward on R. Recover on L. Step back on R. &Step left next to R. Step forward on R.

**29,30,31,32** Step forward on L. Swivel 1/4 right. Step forward on L. Swivel 1/4 right.

**Out out. In in. Walk. Walk. Out out. In in. Walk. Walk.**

**&33&34,35,36&** Step L to side. Step R to side. &Step L back to centre. Step R next to L. Walk forward L.R.

**&37&38,39,40&** Step L to side. Step R to side. &Step L back to centre. Step R next to L. Walk forward L.R.

**Heel touches. (Moving back) Coaster step. Cross behind. Turning 1/4 step forward.**

**41&42&** Moving back. Touch L heel forward. &Step back on L. Touch R heel forward. &Step back on R.

**43&44,45&** Touch L heel forward. &Step back on L. Touch R heel forward. Step back on R. & L next to R.

**46,47,48** Step forward on R. Cross L behind R. Turning 1/4 right step forward on R.

**Rock. Recover turning 1/2. Shuffle forward. Rock. Recover turning 1/2. Shuffle forward.**

**49,50,51&52** Rock forward on L. Back on R. Turning 1/2 left step forward on L.&R next to L. Forward on L

**53,54,55&56** Rock forward on R. Back on L. Turning 1/2 right step forward on R.&L next to R. Forward on R

**Step. Turn. Turning step side. Behind. Turning step forward. Step. Swivel. Cross.**

**57,58,59,60** Step forward on L. Pivot 1/2 right. Turning 1/4 right step L to side. Step R behind L. Turning 1/4

**61,62,63,64** left step forward on L. Step forward on R. Swivel 1/4 left. Cross R over L.

**Suggested finish: Dance to count 24. Then:**

**Swivel 1/4 right. Step forward on L. Swivel 1/4 right. Step L in place. Step R in place.**

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