

# Just For A Day

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Tony Vassell & Robbie McGowan Hickie (UK) Nov. 2015

**Music:** "Just For A Day" by Cloverdayle (feat. Ben Rue) (104 bpm) CD:"9 Miles Down a 10 Mile Road"

**Music also available on Download from iTunes & [www.amazon.co.uk](http://www.amazon.co.uk)**

## **#32 Count intro**

### **Right Cross Rock. Chasse Right. Back Rock. Left Shuffle Forward.**

- 1 - 2**            Cross rock Right forward over Left. Rock back on Left.
- 3&4**            Step Right to Right side. Close Left beside Right. Step Right to Right side. (Use Cuban Hip)
- 5 - 6**            Rock back on Left. Rock forward on Right.
- 7&8**            Left shuffle forward stepping Left. Right. Left.

### **Right Forward Rock. Right Shuffle 1/2 Turn Right. 2 x 1/2 Turns Right. Left Forward Rock & Step Back.**

- 1 - 2**            Rock forward on Right. Rock back on Left.
- 3&4**            Right shuffle making 1/2 turn Right stepping Right. Left. Right.
- 5 - 6**            Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
- 7&8**            Rock forward on Left. Rock back on Right. Step back on Left. (Facing 6 o'clock)

### **Easier Option: Counts 5 - 6 above ... Walk forward on Left. Walk forward on Right.**

### **Slide Back (Right & Left). Right Coaster Cross. Left Side Rock. Left Sailor 1/4 Turn Left.**

- 1 - 2**            Slide back on Right. Slide back on Left.
- 3&4**            Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 5 - 6**            Rock Left out to Left side. Recover weight on Right.
- 7&8**            Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.  
\*\*Restart\*\*

### **Step. Pivot 1/2 Turn Left. Right Shuffle Forward. Step Forward. 1/2 Turn Left. Left Coaster Step.**

- 1 - 2**            Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)
- 3&4**            Right shuffle forward Right. Left. Right.

**5 - 6** Step forward on Left. Make 1/2 turn Left stepping back on Right. (Facing 3 o'clock)

**7&8** Step back on Left. Step Right beside Left. Step forward on Left. \*\*\*Ending - See Note Below\*\*\*

### **Start Again**

**Restart: Dance to Count 24 of Wall 5...then Start the Dance Again from the Beginning (Facing 3 o'clock)**

**Note: Music fades During Wall 9 ... Keep on dancing till the End of that Wall, replacing Left Coaster with**

**Left Sailor 1/4 Turn Left (End Facing 12 o'clock)**