

Mira Sofia

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Carrie Ann Green (ES) & Suzi Beau (UK) May 2016

Music: Sofia by Alvaro Soler

#16 Count Intro

***2 EASY Tags, 2 Restarts**

SECTION 1: SIDE ROCK R, CROSS SHUFFLE, STEP L, TOUCH R, KICK BALL CROSS.

- 1,2** Rock R to R side, Recover onto L
- 3&4** Cross R over L, Step L to L side, Cross R over L
- 5,6** Step L to L side, Touch R next to L
- 7&8** Kick R forward (to R diagonal), Step R next to L, Cross L over R

SECTION 2: TURN ¼ LEFT, TURN ½ LEFT, BALL STEP, ¼ R, COASTER CROSS, STEP DRAG R.

- 1,2** Turn ¼ L (9:00) stepping R back (1), Turn ½ L stepping L forward (3:00) (2)
- &3,4(&)** Step ball of R beside left , Step L Fwd(3) make ¼ turn L, stepping R to R side (12:00)
- 5&6** Step L back, Step R beside L, Cross Step L over R
- 7-8** Long step to R, dragging L, Step L next to R (bring both arms up to right side and clicking fingers - left at chest height, Right at head height- Olé)

****RESTART HERE ON WALL 3 & 7 - ON COUNT 8 Stepping weight down on L*****

SECTION 3: FORWARD ROCK L (1:30) SHUFFLE ½ L (7:30) CROSS SIDE ROCK R, CROSS SIDE ROCK (1/8 to 6:00)

- 1,2** Rock forward on L facing diagonal (1:30), Recover on R
- 3&4** Shuffle 1/2 turn L Stepping L fwd, R tog, L forward (7:30)
- 5&6** Cross R over L, Rock onto L Recover R
- 7&8** Cross L over R, Rock onto R, Recover L straightening up to 6:00

SECTION 4: BALL SIDE HOLD BALL POINT & POINT RIGHT JAZZBOX

- &1,2** Step onto ball of R next to L, Step L to Left Side, Hold

- 3&4** Step on to ball of R, Point L to L, Side, Step on ball of L, Point R to R side
- 5,6** Cross R over L, Step back on L
- 7,8** Step R to R side, Step L Forward

SECTION 5: FORWARD ROCK R, SAILOR ½ R, FORWARD ROCK L, TRIPLE FULL TURN

- 1,2** Rock forward on R, Recover on L
- 3&4** Cross R behind L . Make a half turn R, stepping L to L side, step Right in place (12:00)
- 5,6** Rock forward on L, recover weight back onto R.
- 7&8** Triple full turn to Left on the spot stepping L-R-L (Left Coaster for easier option) (12:00)

SECTION 6: R SIDE MAMBO, STEP FWD, L SIDE MAMBO, STEP FWD, DIAGONAL STEP BACK X 2

- 1&2** Rock R to R Side, recover on to L, Step R Forward
- 3&4** Rock L to L Side, recover on to R, Step L Forward
- 5&6** Step back on R to R diagonal, touch L to R (Clap Clap Looking over Right shoulder)
- 7&8** Step back on L to L diagonal, touch R to L (Clap Clap Looking over left Shoulder)

SECTION 7: (SYNCOPATED) R BACK ROCK, & L BACK ROCK, SHUFFLE ½, ¼ POINT

- 1,2&** Rock back on R, Recover L, Step R next to L
- 3,4** Rock back on L, Recover on R
- 5&6** Shuffle 1/2 turn R, stepping L back, R next to L, back L (6:00)
- 7,8** Turn 1/4 R Stepping R to the side, Point L out to L side (9:00)

SECTION 8: & POINT FLICK CROSS SIDE ROCK CROSS BACK 1/4 L TOUCH

- &1,2** Step on ball of L, Point R out to R side, Flick R up behind R
- 3&4** Cross R over L, Rock L to L side, Recover on R
- 5,6** Cross L slightly over R, Step back R
- 7,8** Turn 1/4 L stepping L to L side, Touch R by L (6:00)

Tag: at the end of walls 1 & 4:

- 1,2,** Bump hips R, L
- 3,4** Bump hips R, L

Contacts: susanj.beaumont@ntlworld.com dizzyc71@hotmail.com

Last Update - 18th May 2016

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=111090