

# Chills Me To The Bone

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Dom Yates (Feb 12)

**Music:** "Alone Again (UK Radio Edit)" By Alyssa Reid Ft. Jump Smokers. CD: Alone Again

## **32 Count Intro (Just After The Vocals "This One's For You Girl")**

### **[1-8] : Step, Forward Rock, Side Rock, Back Sweep, Weave, Sway, Together**

**1,2&: Step forward on right, rock forward on left, recover on to right**

**3&4: Rock left to side, recover on to right, cross left behind right, sweeping right foot around from front to back**

**5&6: Cross right behind left, step left to side, cross right over left**

**7-8&: Step left to side swaying to left, sway right, step left next to right**

### **\*\*Restart Here Wall 8\*\***

### **[9-16] : Nightclub Basic Right, Left, Pivot ½ Turn, Sweep ½ Turn, Cross Rock**

**1,2&: Step right to side, rock back on left, recover on to right**

**3,4&: Step left to side, rock back on right, recover on to left**

**5,6,7: Step forward on right, pivot ½ turn left, make ½ turn left sweeping right foot around**

**8&: Rock right across left, recover on to left**

### **\*\* Restart Here Walls 2 & 5\*\***

### **[17-24] : Side, Weave ¼ Turn, Walk Left, Right, Rocking Chair, Full Spiral**

**1,2&: Step right to side, cross left behind right, make ¼ turn right stepping forward on right**

**3,4: Walk forward on left, walk forward on right**

**5&6&: Rock forward on left, recover on to right, rock back on left, recover on to right**

**7,8: Step forward on left, full spiral turn to right (weight on left)**

**[25-32] : Step, Pivot  $\frac{1}{4}$  Turn, Syncopated Weave, Cross Rock Side, Back Rock, Lock Step**

**1,2&: Step forward on right, step forward on left, pivot  $\frac{1}{4}$  turn to right**

**3&4&: Cross left over right, step right to side, cross left behind right, step right to side**

**5&6: Rock left across right, recover on to right, step left to side**

**7&8&: Rock back on right, recover on to left, step forward on right, lock left behind right**

**(Last count of lock step is first count of dance, step forward on right)**

**Start Again**

**\*\* Walls 2 & 5: Restart/Tag \*\***

**Restart happens after 16 counts of the dance, however, to make it fit we change the last count to a touch (8) instead of the cross rock (8&). Counts 12-16 will look as follows:**

**5,6,7: Step forward on right, pivot  $\frac{1}{2}$  turn left, make  $\frac{1}{2}$  turn left sweeping right foot around**

**8: Touch right next to left**

**Start again stepping forward on right**

**\*\* Wall 8: Restart \*\***

**On wall 8 dance the first 8& counts (up to the sway and step together) then instead of stepping to the right side, start again stepping the right forward.**