

PINTO PAL POLKA

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Jaschenka Okhuysen & Adriana Stomphorst

Music: Give Me A Pinto Pal by Wylie And The Wild West Show

3rd place in the German Championships 2000

ROCK STEP, KICK BALL TOUCH RIGHT AND LEFT

- 1-2** Step right foot to right side and rock, recover weight on to left foot
- 3&4** Kick right foot forward, rock back on ball of right foot, touch left foot beside right foot
- 5-6** Step left foot to left side and rock, recover weight on to right foot
- 7&8** Kick left foot forward, rock back on ball of left foot, touch right foot beside left foot

MONTEREY TURN, MONTEREY SPIN TO THE RIGHT

- 1** Point right foot to right
- 2** Pivot ½ turn to right on ball of left, stepping right next to left and changing weight
- 3** Point left foot to left side
- 4** Step left beside right
- 5** Point right foot to right
- 6** Pivot full turn to right on ball of left, stepping right next to left and changing weight
- 7** Point left foot to left side
- 8** Step left beside right

CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

- 1&2** Right foot step to right side, slide left foot beside right foot, step right foot to right side
- 3-4** Step left foot behind right foot and rock, recover weight on to right foot
- 5&6** Left foot step to left side, slide right foot beside left foot, step left foot to left side
- 7-8** Step right foot behind left foot and rock, recover weight on to left foot

KICK BALL TOUCH, STEP, SWIVEL, RIGHT AND LEFT

- 1&2** Kick right foot forward, rock back on ball of right foot, touch left foot beside right foot
- 3&4** Step left foot forward, swivel both heels to the left side, swivel both heels back in place
- 5&6** Kick left foot forward, rock back on ball of left foot, touch right foot beside left foot

7&8 Step right foot forward, swivel both heel to the right side, swivel both heels back in place

RIGHT SHUFFLE, LEFT SHUFFLE, FULL TURN TO THE RIGHT 2X

1&2 Step right foot forward, slide left foot up to right foot, step right foot forward

3&4 Step left foot forward, slide right foot up to left foot, step left foot forward

5-6 Right foot step back $\frac{1}{2}$ pivot to the right, left foot step forward $\frac{1}{2}$ pivot to the right

7-8 Right foot step back $\frac{1}{2}$ pivot to the right, left foot step forward $\frac{1}{2}$ pivot to the right

HEEL, HEEL, STEP BACK, STEP BACK, CLAP, CLAP, RIGHT HAND UP, LEFT HAND UP

1-2 Step right heel diagonal forward, step left heel diagonal forward

3-4 Step right foot back, step left foot back

5-4 Bend your knees and clap right hand on your right knee, clap left hand on your left knee

7-8 Straightening both legs and put your right hand in the air, put your left hand in the air

ROLL WITH YOUR HANDS, JAZZ SQUARE

1-2 Roll with both hands to the right side

3-4 Roll with both hands to the left side

5 Cross step right foot over left foot

6 Step back on left

7 Step right foot a $\frac{1}{4}$ turn to the right

8 Step left foot beside right foot

HEEL, HEEL, STEP BACK, STEP BACK, CLAP, CLAP, CLAP, CLAP

1-2 Step right heel diagonal forward, step left heel diagonal forward

3-4 Step right foot back, step left foot back

5-6 Bend your knees and clap two times with both hands on your knees

7-8 Straightening both legs and clap two times

REPEAT

TAG

After the 4 wall, there is a 3 count break. Slap your knees twice. Straighten up and clap once. Start at the beginning of the dance.