

# OVER 40 CHA-CHA

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**Count:** 40

**Wall:** 1

**Level:** intermediate

**Choreographer:** Forty Arroyo

**Music:** Laredo Rose by The Texas Tornados

**Dedicated to the very talented instructor/choreographer Janet Humphrey.**

## CROSS, ROCK, ½ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 1-4** Cross rock right over left, rock back on left, shuffle in place right-left-right while turning ½ right
- 5-8** Cross rock left over right, rock back on right, shuffle in place left-right-left while turning ½ left

## STOMP, STEP-TOUCHES

- 1-2&** Stomp right next to left, stamp left next to right twice
- 3&4** Step left forward diagonally to left, touch right toes next to left, step back diagonally to right
- 5-6&** Stomp left next to right, stamp right next to left twice
- 7&8** Step right forward diagonally to right, touch left toes next to right, step back diagonally to left

## STEP, CROSS BEHIND, STEP, CROSS BEHIND, CROSS BEHIND, ¼ LEFT, STOMP, STOMP

- 1-4** Step right, cross left behind right while bending right knee forward, repeat for steps 3, 4
- 5-8** Cross right behind left, step left while turning ¼ left, stomp right next to left, stomp left next to right

## BRUSH BALL TOUCH, CROSS, ½ TURN

- 1&2** Brush right forward, step in place on ball of right, touch left toes to side
- &3-4** Step left in place, cross right over left, unwind ½ left (weight on left)
- 5-8** Repeat steps 1 thru 4 in this section

## CROSS ROCK, STEP, SHUFFLE ¼ RIGHT, ROCK, STEP, SHUFFLE

- 1-4** Cross right over left, step left in place, shuffle in place left-right-left while turning ¼ right
- 5-8** Cross left over right, step right in place, shuffle in place right-left-right

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=33938](https://www.linedance.com/index.php?f=dance_view&id=33938)