

AUTOMATIC HIGH

LINEDANCE.COM

Count: 64

Wall: 1

Level: intermediate/advanced

Choreographer: Wesley Cowie

Music: Automatic High by S Club Juniors

POINT, CROSS BEHIND, UNWIND $\frac{1}{2}$ TURN, POINT, CROSS BEHIND, UNWIND $\frac{1}{2}$ TURN

- 1&2** Point right foot to right side, cross right foot behind left foot
- 3&4** Unwind $\frac{1}{2}$ turn right, clap
- 5&6** Point left foot to left side, cross left foot behind right foot
- 7&8** Unwind $\frac{1}{2}$ turn left, clap

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK, STEP TO RIGHT SIDE

- 1&2** Step right foot to right side, close left foot beside right foot, step right foot to right side
- 3&4** Rock back on left foot, recover weight onto right foot
- 5&6** Step left foot to left side, close right foot beside left foot, step left foot to left side
- 7&8** Rock back on right foot, recover weight on left foot, step right foot to right side

FRONT SAILOR $\frac{1}{4}$ TURN LEFT, $\frac{1}{2}$ TRIPLE TURN RIGHT, ROCK, BACK DIAGONAL CHASSE

- 1&2** Cross left foot over right, step right foot to right side, step left foot to left side with $\frac{1}{4}$ turn left
- 3&4** Step forward right foot (1/6), step left foot (1/6), step right foot(1/6), making $\frac{1}{2}$ turn right altogether
- 5&6** Rock left foot across right foot, recover weight onto right foot
- 7&8** Step left foot diagonally back left, close right foot beside left foot, step left foot diagonally back left

ROCK BACK, FORWARD DIAGONAL CHASSE, ROCK FORWARD, $\frac{3}{4}$ TRIPLE TURN LEFT

- 1&2** Rock back right foot behind left foot, recover weight onto left foot
- 3&4** Step right foot diagonally forward right, close left foot beside right foot, step right foot diagonally forward right
- 5&6** Rock left foot across right foot, recover weight onto right foot
- 7&8** Triple step $\frac{3}{4}$ turn left, stepping &- left, right, left

ROCK FORWARD RIGHT, BACK RIGHT SHUFFLE, ROCK BACK LEFT, FORWARD LEFT SHUFFLE

- 1&2** Rock forward on right foot, recover weight onto left foot
- 3&4** Step back right foot, close left foot beside right foot, step back right foot
- 5&6** Rock back on left foot, recover weight onto right foot
- 7&8** Step forward left foot, close right foot beside left foot, step forward left foot

PIVOT $\frac{3}{4}$ TURN LEFT, RIGHT CHASSE, CROSSING SHUFFLE, $\frac{3}{4}$ TURN LEFT

- 1&2** Step forward right foot, pivot $\frac{3}{4}$ turn left
- 3&4** Step right foot to right side, close left foot beside right, step right foot to right side
- 5&6** Cross left foot over right foot, step right foot to right side, cross left foot over right
- 7** Turn $\frac{1}{4}$ left on ball of left foot, stepping back right foot
- 8** Turn $\frac{1}{2}$ left on ball of right foot, stepping forward left

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK FORWARD

- 1&2** Step right foot to right side, close left foot beside right foot, step right foot to right side
- 3&4** Rock back on left foot, recover weight onto right foot
- 5&6** Step left foot to left side, close right foot beside left foot, step left foot to left side
- 7&8** Rock forward on right foot, recover weight on left foot

RIGHT SHUFFLE $\frac{1}{2}$ TURN, BACKWARD LEFT SHUFFLE $\frac{1}{2}$ TURN, ROCK BACK, ROCK FORWARD

- 1&2** Right shuffle $\frac{1}{2}$ turn right traveling backwards, stepping &- right, left, right
- 3&4** Left shuffle $\frac{1}{2}$ turn right traveling backwards, stepping &- left, right, left

These shuffles are traveling towards back wall

- 5-6** Rock back on right foot, recover weight onto left foot
- 7&8** Rock forward on right foot, recover weight onto left foot

REPEAT

RESTART

On second repetition only, restart after section 6 (count 48)