

# LONESTAR SHUFFLE

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**Count:** 40

**Wall:** 4

**Level:** intermediate

**Choreographer:** Andie Lynne

**Music:** No News by Lonestar

## JUMP AND STEP:

- 1 Hold arms out in front
- 2 Hop forward while pulling arms in
- 3 Step forward on right foot
- 4 Step forward on left foot

## JAZZ BOX:

- 5 Cross-step right foot over left
- 6 Step back on left foot
- 7 Step to back on right foot, to the right of left foot
- 8 Step left foot next to right

## HEEL TAPS:

- 9-10 Tap right heel forward twice
- & Switch feet - step on right foot
- 11-12 Tap left heel forward twice
- &13 Switch feet - step on left foot - and tap right heel forward once
- &14 Switch feet - step on right foot - and tap left heel forward once
- &15-16 Switch feet - step on left foot - and tap right heel forward twice

## RIGHT GRAPEVINE, HOLD AND CLAP:

- 17 Step right foot to right side
- 18 Cross-step left foot behind right
- 19 Step right foot to right
- 20 Hold and clap

## RIGHT KNEE SWINGS:

- 21-22 Swing right knee to right and return

**23-24** Swivel left knee to left and return

**LEFT GRAPEVINE, HOLD AND CLAP:**

- 25** Step left foot to left side
- 26** Cross-step right foot behind left foot
- 27** Step left foot to left side
- 28** Hold and clap

**LEFT KNEE SWINGS:**

- 29-30** Swing right knee to right and return
- 31-32** Swing left knee to left and return

**RIGHT FOOT BRUSHES AND ¼ TURN TO LEFT:**

- 33** Sweep right foot forward
- 34** Cross right foot over left
- 35** Tap right toe in front of left foot
- 36** Make ¼ turn to left, staying on right toe

**KNEE POPS (AS IF MARCHING IN PLACE):**

- 37** Transfer weight to right foot
- 38** Transfer weight to left foot
- 39** Transfer weight to right foot
- 40** Transfer weight to left foot

**REPEAT**