

HEART BEAT!

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Lone Darling

Music: In A Heartbeat by Rodney Atkins

SIDE TOGETHER, CHASSE RIGHT, POINTS, COASTER STEP

- 1-2** Step right to right side, step left beside right
- 3&4** Step right to right side, step left beside right, step right to right side
- 5-6** Point left toe forward, point left toe to left side
- 7&8** Step back on left, step right beside left, step left forward

SHUFFLE, STEP TURN, SCISSORS

- 1&2** Step forward on right, step left beside right, step forward on right
- 3-4** Step forward on left, making $\frac{1}{2}$ turn right
- 5-6-7-8** Step left to left, step right alongside, cross left over right, hold

SCISSORS, STEP BACK, $\frac{1}{4}$ TURN, SHUFFLE

- 1-2-3-4** Step right to right, step left alongside, cross right over left, hold
- 5-6** Step back on left, $\frac{1}{4}$ turn to right side, stepping forward on right
- 7&8** Step forward on left, step right beside left, step forward on left

KICK BALL CHANGE TWICE, CROSS, FULL TURN, LONG DRAG

- 1&2** Kick right forward, step right beside left, step left in place
- 3&4** Kick right forward, step right beside left, step left in place
- 5-6** Cross right over left, making a full turn left
- 7-8** Long step to left side, slide right beside left (weight on left foot)

REPEAT