

# Bitter & Sweet

LINEDANCE.COM

**Count:** 48                      **Wall:** 2                      **Level:** Easy Novice

**Choreographer:** Sebastiaan Holtland , Netherlands (27-12-2013)

**Music:** Blue Bittersweet by Ilse Delange

**Start dancing at (05 sec).**

**[1-8] Step, 1/4 R, Side, Coaster Step R, Big step Fwd, 1/2 Sweep Turn L, Lock Step Fwd.**

- 1-2            Step Rt Fwd, turn 1/4 right (3) step Lt to the left.
- 3&4           Step Rt back, step Lt next to Rt, step Rt Fwd.
- 5-6           Step Lt big Fwd, turn 1/2 left (9) sweep Rt from font to front.
- 7&8           Step Rt Fwd, lock Lt behind Rt, step Rt Fwd.

**[9-16] Side Rock, Recover, Sailor Turn 1/4 R, Fwd Point, Knee Lift, R Anchor Step.**

- 1-2            Rock Lt to the left, Recover on Rt.
- 3&4           Step Lt behind Rt, turn 1/4 right (12) step Rt to the right, step Lt Fwd.
- 5-6           Point Rt Fwd, lift R Knee up.
- 7&8           Locked Rt behind Lf take weight on Rt, Recover on Lt, Recover on Rt.

**[17-24] Back, Sweep R, Back, Sweep L, L Anchor Step, Walks Fwd R-L.**

- 1-2            Step Lt back, Sweep Rt from front to back.
- 3-4            Step Rt back, Sweep Lt from front to back.
- 5&6           Locked Lt behind Rf take weight on Lt, Recover on Rt, Recover on Lt.
- 7-8            Walk Rt Fwd, walk Lt fwd. (12:00)

**[25-32] Fwd Rock, Recover, 1/4 R, & Cross, Hold, & Heel, Hold, & Heel, Hold.**

- 1-2            Rock Rt Fwd, Recover on Lt.
- &3-4           Turn 1/4 right (3) step Rt slightly to the right, cross Lt over Rt, Hold.
- &5-6           Step Rt slightly diagonal back, bring L heel fwd, Hold (holding weight onto Rt).
- &7-8           Step Lt slightly diagonal back, bring R heel fwd, Hold (holding weight onto Lt).

**[33-40] Step, 1/4 R, Side, Coaster Step R, Step, Point, Cross, Point.**

- 1-2            Step Rt Fwd, turn 1/4 right (6) step Lt to the left.

**3&4** Step Rt back, step Lt next to Rt, step Rt Fwd

**5-6** Step Lt Fwd, point Rt out to the right.

**7-8** Cross Rt over Lt, point Lt out to the left.

**[41-48] Fwd Rock, Recover, 1/2 Shuffle Turn L, 1/2 Pivot Left, Walks Fwd R-L.**

**1-2** Rock Lt fwd, Recover on Rt.

**3&4** Turn 1/2 left (12) step Lt fwd, step Rt beside Lt, step Lf fwd.

**5-6** Step Rt Fwd, turn 1/2 left (6) take weight on Lt.

**7-8** Walk Rt Fwd, walk Lt Fwd.

**Start again and have fun!**

**Contact: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**