

# Break It Back Down

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Dwight Meessen - March 2017

**Music:** "Break It Back Down" by Pat Green (album: Home) 128 bpm

## Intro 48 counts

### Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd

1-2RF rock forward, LF recover

3&4RF step back, LF step beside, RF step back

5-6LF rock back, RF recover

7&8LF step forward, RF step beside, LF step forward

### Pivot $\frac{1}{4}$ L x2, Cross, Side, Sailor

1-2RF step forward, R+L  $\frac{1}{4}$  turn left

3-4RF step forward, R+L  $\frac{1}{4}$  turn left

5-6RF cross over, LF step side

7&8RF cross behind, LF step beside, RF step side

### Weave $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Shuffle $\frac{1}{2}$ R

1-4LF cross over, RF step side, LF cross behind, RF  $\frac{1}{4}$  right step forward

5-6LF step forward, L+R  $\frac{1}{2}$  turn right

7&8LF  $\frac{1}{4}$  right step side, RF step beside, LF  $\frac{1}{4}$  right step back

### Rock Back Recover, Shuffle Fwd, Rock Fwd Recover, Coaster

1-2RF rock back, LF recover

3&4RF step forward, LF step beside, RF step forward

5-6LF rock forward, RF recover

**7&8LF step back, RF together, LF step forward**

**Start again**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=117281](https://www.linedance.com/index.php?f=dance_view&id=117281)