

Heartache

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Count: 64 **Wall:** 2 **Level:** High Beginner

Choreographer: Mayee Lee , Malaysia (July' 2015)

Music: Sakitnya Tuh Disini by Cita Citata (CD : 3:14)

Intro : Start after 64 counts or start at 0.31 seconds

Sec 1 : Touch R Diagonal, Hold, R Coaster, Touch L Diagonal, Hold, L Coaster

12 3&4 Touch R diagonally R(1), hold(2), step R back(3), step L beside R(&), step R forward(4)

56 7&8 Touch L diagonally L(5), hold(6), step L back(7), step R beside L(&), step L forward(8) 12.00

(Hand movement : counts 1 2 & 5 6 do chest bump twist)

Sec 2 : R Out, L Out, Bump hip R L R L R L

1 - 4 Step R out(1), step L out(2), bump hip to R(3), bump hip to L(4)

5 - 8 Bump hip to R(5), bump hip to L(6), bump hip to R(7), bump hip to L(8) 12.00

Sec 3 : Touch x3, ¼ Turn R Hitch, ¼ Turn R Sit On R, Hold, ¼ Turn L Forward, ¼ Turn L

1 - 4 Touch R forward(1), touch R to diagonally R(2), touch R to R(3), ¼ turn R hitch R(4) 3.00

5 - 8¼ turn R step R to R & sit on R(5)(6.00), hold(6), ¼ turn L step L forward(7)(3.00), ¼ turn L step R beside L(8) 12.00

Sec 4 : Touch x3, ¼ Turn L Hitch, ¼ Turn L Sit On L, Hold, ¼ Turn R Forward, ¼ Turn R

1 - 4 Touch L forward(1), touch L to diagonally L(2), touch L to L(3), ¼ turn L hitch L(4) 9.00

5 - 8¼ turn L step L to L & sit on L(5)(6.00), hold(6), ¼ turn R step R forward(7)(9.00), ¼ turn R step L beside R(8) 12.00

Sec 5 : Cross R, Recover L, R Side, Cross L, Recover R, Together, R Forward, ½ Turn R

1 - 4 Cross R over L(1), recover on L(2), step R to R(3), cross L over R(4)

5 - 8 Recover on R(5), step L beside R(6), step R forward(7), ½ turn R step L back(8) 6.00

Sec 6 : Rock R Back, Recover L, Full Turn L, R Out, L Out, R Back, L Back & Sit, Hold

1 - 4 Rock R back(1), recover on L(2), ½ turn L step R back(3)(12.00), ½ turn L step L forward(4) 6.00

56 &78 Step R out(5), step L out(6), step R back(&), step L back & sit on L(&), hold(8) 6.00

Sec 7 Body Roll, Chest Bump, R Side, Touch L Back, L Side, Touch R Back

1 - 4 Roll your body to diagonally R(1-2), hold 2 counts with chest bump(3-4)

5 - 8 Step R to R(1), touch L back(2), step L to L(3), touch R back(4) 6.00

Sec 8 : Rolling Vine To R, L Side, R Together, L Side, Touch R

1 - 4¼ turn R step R forward(1)(9.00), ½ turn R step L back(2)(3.00), ¼ turn R step R to R(3)(6.00), touch L beside R(4) 6.00

5 - 8 Step L to L(5), step R beside L(6), step L to L(7), touch R beside L(8) 6.00

Ending : wall 6 (6.00), dance 29 counts

No Tag No Restart !

Contact : mayeeleeyy@gmail.com