

# NERVOUS AND SCARED

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** John Bishop & Karen Wilkinson

**Music:** The Last Dance by Ty England

## SHUFFLE FORWARD, QUARTER PIVOT, SHUFFLE ACROSS, TURN, TURN

- 1&2 Shuffle forward right, left, right
- 3-4 Step left forward, pivot  $\frac{1}{4}$  to the right
- 5&6 Cross shuffle left, right, left to right
- 7-8 Step right back turning  $\frac{1}{4}$  to the left, step left to side turning  $\frac{1}{4}$  to the left

## REPEAT SECTION 1

- 1&2 Shuffle forward right, left, right
- 3-4 Step left forward, pivot  $\frac{1}{4}$  to the right
- 5&6 Cross shuffle left, right, left to right
- 7-8 Step right back turning  $\frac{1}{4}$  to the left, step left to side turning  $\frac{1}{4}$  to the left

## STEP, HOLD, AND-STEP, HOLD, AND-ROCK, ROCK, QUARTER TURN, SHUFFLE SIDE

- 1-2&3-4 Step right forward, hold, step left together, step right forward, hold
- &5-6 Step left together, rock/step right forward, rock back onto left
- & Turn  $\frac{1}{4}$  to the right on ball of left
- 7&8 Shuffle right, left, right sideways to right

## TOE HEEL STRUTS: ACROSS, TURN QUARTER, TURN QUARTER, QUICK STEP TOGETHER, TOE-HEEL STRUT TO LEFT SIDE

- 1 Cross/step ball of left across in front of right
- 2 Drop left heel to floor (option: click fingers)
- 3 Step ball of right back turning  $\frac{1}{4}$  To the left
- 4 Drop right heel to floor (option: click fingers)
- 5 Step ball of left to side turning  $\frac{1}{4}$  To the left
- 6 Drop left heel to floor (option: click fingers)
- & Step right together

**7-8** Step left to side, scuff right forward

**REPEAT**

**FINISH**

**When the music ends do the last step/scuff to the front and then step down on the right foot for the last beat of music.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=31968](https://www.linedance.com/index.php?f=dance_view&id=31968)